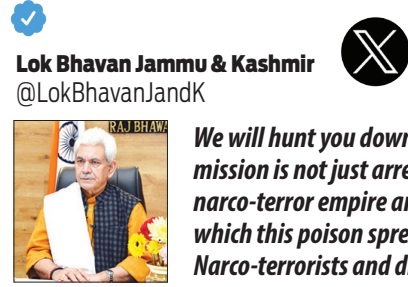


Good Morning Kashmir

17th Year Of Publication



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Over 1.50 Lakh Households Complete Self-Enumeration In 3 Days Across J&K

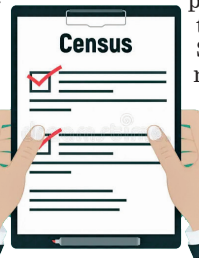
GMK NEWS NETWORK

JAMMU: More than 1.50 lakh households across the Union Territory of Jammu & Kashmir have successfully completed their Self-Enumeration exercise within the first three days of the launch of Self-Enumeration under Census 2027 through the official Self-Enumeration portal se.census.gov.in, said Shri Amit Sharma, IAS, Chief Principal Census Officer and Director Census Operations, Jammu & Kashmir and Ladakh. He described the public response towards Self-Enumeration as highly encouraging and stated that citizens across urban, rural, hilly and far-flung areas are actively participating in India's first fully digital and paperless Census exercise.

Addressing media here today alongside Shri Zakir Nazeer, Media and Communications Officer, PIB, Jammu, Amit Sharma informed that all districts of the Union Territory are showing enthusiastic participation and encouraging response towards the Self-Enumeration exercise. He particularly highlighted that far-flung districts including Kulgam, Baramulla and Kupwara, besides remote areas of Jammu division, have also witnessed remarkable public participation during the initial phase of Self-Enumeration, reflecting growing awareness and confidence among citizens regarding the digital Census process.

The Director said that the strong response during the first few days of the exercise reflects the success of extensive awareness campaigns, media outreach, district-level mobilisation and citizen facilitation mechanisms established by the Directorate of Census Operations and district administrations across the Union Territory.

Amit Sharma further informed that dedicated support systems and facilitation arrangements have also been established at district and field levels. ■P-06



Will Hunt Down Drug Smugglers Even In Paataal: LG Sinha

Says Our Mission Is Not Just Arrests But The Complete Destruction Of Narco-Terror Empire

GMK NEWS NETWORK

SRINAGAR: Lieutenant-Governor Manoj Sinha on Tuesday said Jammu and Kashmir police would hunt down drug smugglers even in "paataal", asserting that narcotics were not only destroying the lives of the youth but also feeding terrorism in the Union Territory.

"We will hunt you down even in paataal. Our mission is not just arrests but the complete destruction of the narco-terror empire and tearing out the very roots from which this poison spreads," LG Manoj Sinha said while joining people's movement against drugs in Pulwama and addressed the citizens. He urged the people to strike the



final blow against drug abuse, so together we dismantle the narco-terror network and save our young generation from addiction.

"This past month, Jammu Kashmir has witnessed public spirit awaken. In Baramulla I saw thousands raising their voices against drugs. Similarly, in Jammu, Samba, Udhampur, Kathua, Srinagar and other districts I saw young people and parents resolutely committed to this fight," the Lieutenant Governor said.

Lieutenant Governor said that over the last 39 days, across different districts of Jammu Kashmir, neighbours became each other's support. ■P-06

LG Honors Nari Shakti With Lal Ded National Award In Srinagar

GMK NEWS NETWORK

SRINAGAR: Lieutenant Governor, Manoj Sinha Tuesday

attended the "Lal Ded National Award Ceremony" at Srinagar. The prestigious award event was organised by Sarhad, Pune. Speaking on the occasion, the Lieutenant Governor said the Nari Shakti, honored by Lal Ded National Award, has achieved remarkable accomplishments in their respective fields. He said the blessings of saints like Lal Ded have nurtured and preserved the nation's vision, its arts, literature, music, folk traditions, and deep spiritual wisdom.

"By setting new standards in their fields, remarkable women achievers have helped shape the soul of society. Women empowerment must be a top priority for both society and government. We must also prioritize women in innovation and entrepreneurship so. ■P-06

'Fuel Supply Uninterrupted Across Jammu & Kashmir'



GMK NEWS NETWORK

JAMMU: Public sector Oil Marketing Companies (OMCs) have assured that the supply of petrol, diesel, and domestic LPG remains uninterrupted across all districts of Jammu & Kashmir, even as global uncertainties continue to impact the oil and gas sector.

Indian Oil Corporation Limited (IOCL), Bharat Petroleum Corporation Limited (BPCL), and Hindustan Petroleum Corporation Limited (HPCL) are maintaining normal operations through an extensive network of terminals, depots, LPG bottling plants, and retail outlets across the Union Territory.

"Fuel dispensing operations are continuing smoothly across all outlets in Jammu and Kashmir and the supplies are being maintained. ■P-06

Er Rashid Hints At Quitting Electoral Politics

WARIS FAYAZ

HANDWARA: Baramulla Member Parliament (MP) Engineer Rashid on Tuesday hinted at stepping away from electoral politics while delivering an emotional address during the last rites of his father Khazir Mohammad, saying his struggle was far beyond Article 370 and statehood and centred on the dignity and freedom of the people of Jammu and Kashmir.

Rashid, who was granted interim bail from Tihar Jail to attend the funeral, said he may not contest future elections, asserting that his political journey had come at a high personal cost.

"I want to give a message to those who keep counting votes that Er Rashid is most likely not to contest elections. It is my heart's choice, though a final decision will be taken later," he said.

The AIP chief said his fight was never for personal or political gains but for the dignity and status of Kashmiris. "My struggle is beyond Article 370 and statehood. It is for the dignity and honour of the people of Jammu and Kashmir," he said, while thanking even those who "did not bother to take my name".

Rashid said politics should remain. ■P-06



CS Calls For Concrete Action Plan To Control Cancer In J&K

GMK NEWS NETWORK

SRINAGAR: Chief Secretary, Atal Dulloo Tuesday held detailed consultations with leading health-care institutions and medical experts regarding the formulation of a comprehensive cancer control strategy for Jammu and Kashmir aimed at strengthening awareness, screening, diagnosis, treatment and preventive oncology across the Union Territory.

The meeting was attended by Commissioner Secretary, Health and Medical Education Department; Director, SKIMS; Principal, Government Medical College, Srinagar; Jammu/SKIMS Medical College; Managing Director, National Health Mission; representatives from Indian Council of Medical Research. ■P-06



Army Chief Describes Op Sindoor Demonstration Of 'Smart Power'

AGENCIES

NEW DELHI: The Chief of the Army Staff (COAS), General Upendra Dwivedi inaugurated a seminar titled "Security to Prosperity: Smart Power for Sustained National Growth" in Manekshaw Centre, New Delhi Tuesday. The seminar was conducted by the Centre for Land Warfare Studies (CLAWS). It brought together policymakers, diplomats, senior military leadership, industry representatives and strategic experts to deliberate upon the integration of military, diplomatic, economic and technological instruments of national. ■P-06



Heatwave Drives Tourists Towards Kashmir's Cooler Offbeat Valleys

SAJID RAINA

SRINAGAR: As large parts of the country continue to reel under an intense heatwave, tourists are flocking to Kashmir's offbeat destinations such as Razdan Top in Gurez, Tulail Valley, Bangus Valley and Sonamarg, seeking relief from soaring temperatures in the plains.

According to the details available, with temperatures crossing 45 degrees Celsius in several states tourists are thronging the Valley in large numbers.

At Razdan Top, the high-altitude mountain pass connecting Bandipora with Gurez Valley, tourists were seen enjoying fresh snow, an uncommon sight during the month of May.

"It feels unbelievable to see snow in May. We came from Delhi where temperatures are extremely high, and here we are playing in snow and wearing jackets," said Rohan Sharma, a tourist from New Delhi visiting Gurez with his family.

Another tourist, Mehak Gupta from Punjab, said the weather in Kashmir was a "huge relief" from the scorching heat in the plains.

"We had seen videos of Razdan Top on social media, but witnessing snow here in May is completely different. The beauty of this place is unmatched," she said.

Tourist movement has also increased in Sonamarg and Bangus Valley, where visitors are spending time near snow-covered peaks, streams and vast green pastures.

At Sonamarg, tourists were seen taking pony rides and enjoying the cool breeze along the Sindh stream.

"Back home in Rajasthan, it is impossible to step outside. ■P-06



OUR CENSUS OUR DEVELOPMENT

(First Phase of Census 2027)

Common queries on Self-Enumeration (SE) and their Answers (Part-2)

WHAT IS SELF-ENUMERATION?

Self-Enumeration is an online process in which you fill and submit your household details on the SE portal (se.census.gov.in) yourself, without waiting for an enumerator

- ❖ **What are the benefits of Self-Enumeration?**
 - Fill details conveniently
 - Ensures privacy
 - Makes the Census process faster and efficient
- ❖ **How to log in to the Self-Enumeration portal?**
 - Select State/UT
 - Enter name of head of the family, mobile number and email (optional)
 - Verify through OTP
 - Start Self-Enumeration
- ❖ **How to mark the correct location of your house?**
 - Select district/PIN code
 - Enter area/landmark
 - Zoom on map and mark location near your house (Do not worry if exact address is not displayed)
 - Correct location marking is necessary
- ❖ **Can I edit my information later?**
 - Yes, you can edit before final submission during State/UT SE period
 - After final submission changes can be done during enumerator's visit
- ❖ **Can SE portal be accessed outside India?**

No, this facility is available only within India's geographical boundaries
- ❖ **What if an error is found after submission?**

Correction can be made when the enumerator visits your house
- ❖ **Can I save and complete the form later?**

Yes, you can save progress and complete the form within the stipulated time

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LG Sinha honours Dr Darakhshan Andrabi, four others with Lal Ded Awards

GMK NEWS NETWORK

SRINAGAR: Lieutenant Governor Manoj Sinha Tuesday conferred the prestigious Lal Ded Awards upon five prominent women contributors from Kashmir, including J&K Waqf Board Chairperson Dr Syed Darakhshan Andrabi, at a ceremony held at the Sher-i-Kashmir International Conference Centre (SKICC) in Srinagar.

The awards were organised by Sarhad, a national-level organisation of repute, as part of its ongoing efforts to celebrate women's empowerment. The Lieutenant Governor presided over the function and presented the honours to the awardees.

Dr Syed Darakhshan Andrabi was recognised for her significant contribution to social and cultural life in the Union Territory, particularly her exemplary work in reviving the Sufi



Rishi circuit of Jammu and Kashmir and bridging the gulf between communities over the past two decades.

Speaking on the occasion, Sanjay Nahar, National Chairman of Sarhad, said, "The contribution of Dr Andrabi to social life, literature and intellectual

discourse is worth celebration." He noted that the Lal Ded Awards serve as a tribute to the indomitable spirit of women.

After receiving the award, Dr Andrabi thanked Sarhad for celebrating Nari Shakti and for bestowing national awards in the

name of the great poet Lal Ded, whom she described as "the revered spiritual mother of all."

Four other women achievers from the UT were also honoured at the event for their distinguished contributions in various fields.

DC Srinagar reviews sector wise implementation of PM SYM, JK Samadhan

GMK NEWS NETWORK

SRINAGAR: Deputy Commissioner (DC) Srinagar, Akshay Labroo on Tuesday chaired a comprehensive meeting here at Meeting Hall of the DC Office Complex to assess the progress achieved under various flagship welfare and pension schemes including Pradhan Mantri Shram Yogi Maandhan Yojana, JK Samadhan, Pradhan Mantri Kisan Maandhan Yojana and National Pension Scheme for Traders and Self-Employed Persons across the district.

During the meeting, the Deputy Commissioner undertook a detailed sector-wise review of targets and achievements registered under the schemes aimed at providing social security, pension coverage and grievance redressal support to workers, farmers, traders and self-employed persons in the district.

At the outset, the Deputy Commissioner was given a department wise brief through a detailed presentation highlighting the progress of PM-SYM, JK



Samadhan, PM KMY and Traders & Self-Employment Pension Yojana in the district.

The DC reviewed the status of beneficiary registration, enrollment progress, awareness generation activities and overall implementation of the schemes by the concerned departments and agencies. He emphasized the need for intensified outreach efforts to ensure that all eligible beneficiaries are covered under the schemes within the stipulated timelines.

Highlighting the significance of the schemes, the DC stated that the schemes are aimed at providing social security, pension coverage and grievance redressal support to workers, farmers, traders and self-employed persons in

the district. He further instructed line departments to work closely with field staff and other agencies to conduct on-the-spot registrations of the left-out population across the district, ensuring maximum outreach and coverage under the schemes.

With regard to implementation of the National Pension Scheme for Traders and Self-Employed Persons, the DC directed the General Manager DIC to begin implementation of the scheme in coordination with other line departments to achieve considerable progress by June 10, 2026.

The meeting was attended by IAS Probationer, Alfred Thomas, Joint Commissioner SMC, Nuzhat Khurshid, District

Programme Officer, ICDS, Chief Planning Officer, General Manager DIC, Assistant Commissioner Development, Deputy Director, Tourism, Chief Education Officer, Chief Agriculture Officer, Chief Horticulture Officer, District Sericulture Officer, Assistant Commissioner, State Taxes, Deputy Director, Employment, District Sheep Husbandry Officer, Floriculture Officer, Chief Animal Husbandry Officer, AD Handicraft/Handloom, AD Fisheries, Assistant Labour Commissioner, ARTO, Assistant Commissioner Food Safety, District health Officer, District Officer, KVIB/KVIC, District Programme Manager, NRLM, District Manager CSC and other concerned.

HKM GDC B'pora organises series of Awareness Programmes under NMBA

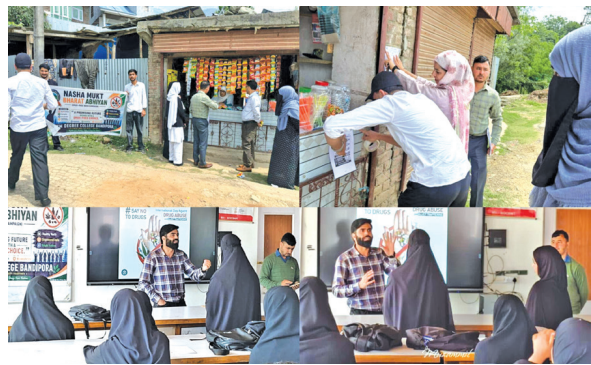
GMK NEWS NETWORK

BANDIPORA: HKM Government Degree College (GDC) Bandipora on Tuesday organized a series of awareness programmes under the banner of the Nasha Mukta Bharat Abhiyan to educate students and the local community about the harmful effects of drug abuse and tobacco consumption.

The programmes were conducted under the guidance of Principal Prof. Suresh Kumar Dogra. The Department of Botany, in collaboration with the Red Ribbon Youth Club, organized an awareness lecture on the harmful effects of drug abuse. Head of the Department of Botany, Dr. Mehrajuddin Talie, delivered an insightful lecture highlighting the growing menace of drug addiction and its social, psychological and health-related impacts. He urged the students to spread anti-drug awareness in their localities and among their peers.

The programme concluded with a pledge to work towards a healthy and drug-free society.

Meanwhile, the NCORD Cell of the college orga-



nized another awareness programme focusing on the ill effects of drug abuse on youth.

NCORD Convener Prof. Irfan Ahmad Wagay delivered a detailed lecture on the adverse physical, mental, social and economic impacts of drug addiction on society. He emphasized the importance of awareness, counselling and collective responsibility in eradicating the menace of drugs and encouraged students to stay away from all forms of addiction.

The programme witnessed active participation from students and faculty members.

In continuation of the awareness initiatives, the College COTPA Committee also organized an anti-

tobacco awareness drive in the nearby market vicinity of the college.

Students and volunteers, accompanied by committee members interacted with local shopkeepers and residents to spread awareness about the harmful effects of tobacco consumption and related products.

The participants appealed to shopkeepers not to sell tobacco products, particularly to the youth, and encouraged the public to further spread awareness in the locality.

The programmes reflected the college's commitment towards promoting a healthy, aware and drug-free society through educational and community outreach initiatives.

NIT Srinagar Innovators Steal Spotlight at AAROHAN 2026

GMK NEWS NETWORK

SRINAGAR: The Innovation, Incubation & Entrepreneurship Development (IIED) Centre of National Institute of Technology (NIT) has earned accolades for its impressive participation in the prestigious AAROHAN 2026 Hackathon & PPT Competition organised by the Directorate of Youth Services and Sports (DYSS) at the Sher-i-Kashmir International Convention Centre (SKICC).

Under the leadership of Prof. Babar Ahmad, Head IIED Centre, a contingent of students, innovators and incubatees from the institute presented a series of innovative prototypes and technology-driven solutions addressing challenges in agriculture, robotics, mobility, artificial intelligence and automation.

The projects showcased included a Saffron Processing Machine by Tariq Ahmad Bhat, Walnut De-hulling and Washing Machine by Aqib Abdullah, Haptic Technology-based Virtual Environment by Ubaid Hamid, Drone Technology by Ahaan Habib, and Optimization of 5-DOF Robotic Arm by Rayees Ahmad.

Other major innovations included an Automated Solar Grass Cutter developed by Shailendra Kumar, Abhishek Gupta, Saurabh Kumar and Gadari Poornima, "Wheel AI" shelf-life optimization model by



Basar Qari, "Curve Electric" urban mobility solution by Sheikh Yameen and Zubair Ahmad Bhat, and a Stylus Guided 2R Manipulator based on Haptic Technology by Muntazir Ahmad. Mr. Irfan Sidiq Sofi coordinated the participation of the team.

In his message, Director NIT Srinagar, Prof. Binod Kumar Kanaujia, congratulated the participating students and faculty members for their outstanding representation and said the institute is committed to fostering a strong culture of innovation and entrepreneurship among youth.

"These young innovators have demonstrated how technology and creativity can be harnessed to address real-world problems. Their participation at AAROHAN 2026 reflects the growing research and innovation ecosystem at NIT Srinagar," he said.

Institute's Registrar, Prof. Atikur Rehman said the institute remains focused on encouraging students to translate ideas into impact-

ful technologies.

"The innovative projects displayed by our students are a testimony to their talent, dedication and technical excellence. We are proud to see our students making meaningful contributions through innovation-driven solutions," he said.

Prof. Babar Ahmad expressed gratitude to the administration of NIT Srinagar for extending continuous support to the IIED Centre and encouraging young innovators to participate in national-level competitions and technology events.

He said the guidance and encouragement from the institute's leadership has played a crucial role in strengthening the culture of innovation, incubation and entrepreneurship among students.

Meanwhile, prototypes attracted significant attention from visitors, experts and organisers during the three-day event, with several projects being appreciated for their practical relevance and local applicability.

AYUSH Srinagar holds awareness programme under NMBA

GMK NEWS NETWORK

SRINAGAR: Under the aegis of the Directorate of AYUSH, J&K, District AYUSH Srinagar Tuesday organized an awareness programme under the 100-day-long Nasha Mukta Bharat Abhiyan (NMBA) at Royal House Academy, Patli-Pora Bala, Chattabal, Srinagar.

The programme was conducted in compliance with the directions of District Ayush Officer Srinagar, Dr. Mushtaq Ahmad Payer.

During the programme, an awareness lecture on drug abuse and preventive measures was delivered by Mohammad Younis, Yoga Instructor and De-Addiction Expert, along with Shahida Fayaz, Yoga Instructor and De-Addiction Expert from the Directorate of AYUSH, District Srinagar.

The speakers highlighted the harmful effects of drug addiction on individuals and society and stressed the importance of adopting a healthy lifestyle. They also emphasized the role of yoga, meditation and holistic wellness practices in preventing substance abuse and promoting mental and physical well-being among students and youth.

The programme witnessed active participation and support from the school administration, including Chairman Shafat Ahmad, Principal Waseem Mushtaq, Incharge Supervisor Hussain Mujtaba and Sabreena Ayoub.

Students and staff members actively participated in the session and appreciated the initiative aimed at spreading awareness about the ill effects of drug abuse and encouraging a drug-free society.

Awareness programme on NALSA Veer Parivar Sahayita Yojana held in Shopian



GMK NEWS NETWORK

SHOPIAN: District Legal Services Authority (DLSA) Shopian in collaboration with the Indian Army's 44 Rashtriya Rifles (RR), organized a comprehensive awareness programme Tuesday focusing on the NALSA Veer Parivar Sahayita Yojana 2025.

The event witnessed large-scale participation from ex-servicemen, serving Army personnel, and their families.

The programme was graced by several prominent judicial and military dignitaries, including, Mehmood Ahmad Chowdhary, Principal District & Sessions Judge (PD&SJ)/Chairman, DLSA Shopian; Mudasar Farooq, Secretary, DLSA Shopian, Col. Jaspreet Singh, 21 Sector, 44 RR.

During the event, Rafie Ahmad Ganie, Chief LADC Shopian provided a detailed explanation of the NALSA Veer Parivar Sahayita Yojana 2025. He highlighted the core pillars of the scheme,

which include, legal aid and advocacy support, financial assistance mechanisms, Welfare support tailored for the families of martyred soldiers, disabled soldiers and ex-servicemen in distress.

Additionally, Mehraj-ud-Din Wani, Chief LADC Pulwama and Secretary DLSA, Mudasar Farooq, addressed the gathering, emphasizing the importance of community reach and legal literacy.

A major highlight of the programme was an interactive question-and-answer session. The PD&SJ alongside Chief LADC, patiently resolved queries from the audience, further enlightening the attendees on their fundamental legal rights and entitlements.

The programme concluded smoothly with a vote of thanks proposed by Col. Jaspreet Singh who reaffirmed the Indian Army's unwavering commitment to supporting the Veer Parivar in seamlessly accessing their rightful legal benefits.

Dir RDD reviews implementation of Rural Development Schemes in B'pora

GMK NEWS NETWORK

BANDIPORA: Director Rural Development Department (RDD) Kashmir, Riyaz Ahmad wani Tuesday chaired a comprehensive review meeting at the Conference Hall, Mini Secretariat Bandipora to assess the functioning and implementation of various rural development schemes in District Bandipora.

The meeting was attended by Additional District Development Commissioner (ADDC) Bandipora, Joint Director RDD Kashmir, SE REW, Assistant Commissioner Development (ACD) Bandipora, Assistant Commissioner Panchayats (ACP) Bandipora, Exen REW Bandipora, Block Development Officers (BDOs), Assistant Executive Engineers (AEEs) and Assistant Engineers(AEs) and other concerned officers of the department.

During the meeting, a detailed review of major schemes and developmental activities being implemented across the district was conducted, with special focus on

MGNREGA, PMAY-G, convergence works, desilting activities, Panchayat infrastructure and rural connectivity projects.

The Director stressed upon officers to ensure timely completion of works and effective utilization of available resources for maximum community benefit. A detailed review of desilting works and convergence projects taken up across various blocks was also conducted.

The Director emphasized the need to accelerate execution of desilting works and strengthen convergence efforts for sustainable rural development and better public utility creation.

The meeting also reviewed the implementation and physical progress achieved under PMAY-G. Officers informed the chair that significant progress had been achieved in completion of sanctioned houses across the district. The Director stressed the importance of timely completion of all pending houses and ensuring benefits reach genuine beneficiaries in a transparent manner.

During the review, the Director also took stock of the status of Panchayat Ghars, UT Capex works and geo-tagging of assets under various schemes. He appreciated the efforts of the department in achieving substantial progress in implementation of developmental programmes.

The Director laid special emphasis on the development and maintenance of play fields across Panchayats and directed officers to identify suitable land and prioritize creation of sports infrastructure for youth engagement and promotion of sports activities in rural areas.

The meeting also discussed staff position, infrastructure requirements and measures for strengthening field-level implementation of schemes across all blocks of the district.

The Director stressed better coordination among field functionaries, regular monitoring of works and adherence to timelines for ensuring effective and transparent implementation of all rural development schemes in the district.

B'pora Admin organise Painting Competition under Nasha Mukta J&K Abhiyan

GMK NEWS NETWORK

BANDIPORA: Youth Services and Sports Department Bandipora, in collaboration with the District Administration Bandipora, organised a painting competition at Nishat Park Bandipora under the Nasha Mukta Jammu and Kashmir Abhiyan-100 Day Campaign on the theme "Say No to Drugs, Yes to Sports."

The competition witnessed enthusiastic participation from students and young artists who expressed powerful messages against drug abuse through their artwork.

The event aimed to create awareness about the harmful effects of substance abuse while pro-



moting healthy lifestyles through sports and creative expression.

Participants showcased remarkable creativity, imagination, and commitment towards the cause of building a drug-free society.

In the competition, Mohammad Hanan from HS Bagh secured the first position, while Shayma

Lone from AGS Bandipora secured the second position and Navreen Nabi bagged the third position.

The organisers appreciated the active participation of the youth and reiterated the importance of engaging students in meaningful and awareness-oriented activities under the ongoing Nasha Mukta Abhiyan campaign.

CS reviews elaborate arrangements for smooth, safe conduct of Machail Mata Yatra

GMK NEWS NETWORK

SRINAGAR: Chief Secretary, Atal Dulloo Tuesday chaired a high-level meeting to review the arrangements being put in place by the concerned Divisional and District Administrations for the smooth, safe and hassle-free conduct of the annual Machail Mata Yatra scheduled to commence in August this year in the mountainous region of Kishtwar.

The meeting, besides Additional Chief Secretary, PWD and Principal Secretary, Home, was attended by Director General, Fire & Emergency Services; Divisional Commissioner, Jammu; IGP, Jammu; Deputy Commissioner, Kishtwar; SSP, Kishtwar; Managing Director, JPDCL; Chief Engineer, Project Sampark and other concerned officers.

During the meeting, the Chief Secretary took a detailed assessment of the arrangements being made for ensuring safe and smooth conduct of the pilgrimage this year, including sanitation measures entrusted to the Rural Development Department and arrangements related to water supply, power, medical facilities, transport management and emergency response by the concerned



line departments.

The Chief Secretary also reviewed the implementation of the directions issued in the aftermath of the last year's disaster incident along the yatra route. He took a detailed appraisal of measures such as introduction of online and RFID-based registration systems, disaster mitigation initiatives, installation of Automatic Rain Gauges (ARG) and Automatic Weather Stations (AWS) for real-time weather alerts and development of detailed Standard Operating Procedures (SOPs) aimed at ensuring safety and smooth movement of pilgrims throughout the Yatra period.

The Divisional Commissioner, Jammu, Ramesh Kumar apprised the meeting that elaborate accommodation arrangements are being made at various locations including Kishtwar headquarters, Gulabgarh, Chishoti

and Machail to cater to the expected rush of devotees. Government accommodations, private lodging facilities, homestays and tented accommodations are being augmented, while a dedicated tent city is also being established at Machail for the convenience of pilgrims.

Special emphasis was laid on crowd management and real-time monitoring of pilgrims through implementation of 100 percent online registration and RFID-enabled tracking mechanisms. The arrangements for daily monitoring of pilgrim movement, deployment of adequate manpower at sensitive points and strengthening coordination among departments for effective management of the Yatra were also detailed out by the Divisional Commissioner during this meeting.

To enhance pilgrim safety, the administration is also undertaking land-

slide mitigation measures and strengthening monitoring systems at vulnerable stretches along the route. The departments concerned were directed to maintain strict vigil and ensure immediate response to any weather-related exigencies during the pilgrimage period.

The Deputy Commissioner, Kishtwar, Pankaj Kumar Sharma divulged the details about the comprehensive traffic and transport management plans prepared to ensure smooth vehicular movement and timely restoration of road connectivity, wherever required. The apprised the meeting about the establishment of designated parking areas, regulation of traffic movement and ensuring uninterrupted access for emergency response vehicles.

The Chief Secretary further reviewed medical preparedness and emergency response arrangements for the Yatra. The meeting was informed that medical camps, ambulance services, emergency response teams and first-aid facilities would be established at key locations along the route. Adequate healthcare personnel and essential medicines are also being arranged to meet any eventuality during the pilgrimage.

Advisor to CM reviews Jammu Smart City projects,

Calls for expedited completion before Amarnath Yatra

GMK NEWS NETWORK

JAMMU: Advisor to Chief Minister, Nasir Aslam Wani Tuesday conducted an extensive review of key infrastructure and development works being executed under the Jammu Smart City Limited and stressed the need for timely completion of all major projects ahead of the forthcoming Amarnath Yatra.

During the visit, the Advisor was accompanied by Dr. Devansh Yadav, Director Projects Sunil Thusu and other senior officials of Jammu Smart City Limited.

The Advisor first visited the TATA e-Bus Depot being developed under the FAME-II initiative and reviewed the ongoing works related to the PM e-Bus Sewa project. The officials informed him that the modern electric bus infrastructure is being developed at an estimated cost of Rs 16 crore to strengthen the eco-friendly public transport facilities in Jammu city.

Appreciating the efforts of Jammu Smart City Limited in modernising the urban transport infrastructure, Nasir Aslam lauded the progress achieved so far and directed the officials to ensure early completion and inauguration of the PM e-Bus Sewa project. He said that the Smart City initiatives are visibly transforming Jammu into a cleaner,



greener and more organised urban centre and stressed that all developmental projects must be expedited in a mission mode.

Later, the Advisor visited the upcoming Waste to Wonder Park project and expressed happiness after witnessing the artistic monuments being created from recycled waste material. He also interacted with the artisans and workers engaged in the project and appreciated their creativity and dedication.

Describing the initiative as a unique and innovative addition to Jammu city, the Advisor congratulated the Jammu Smart City team for undertaking such a commendable project aimed at promoting tourism, environmental awareness and public recreation.

The officials informed him that the Waste to Wonder Park is being developed at an estimated cost of Rs 11 crore and is expected to be completed by the end of June 2026.

The Advisor, however, directed the concerned authorities to make all possible efforts to complete the project before the commencement of the Amarnath Yatra so that the pilgrims and tourists visiting Jammu can also experience the attraction.

Nasir Aslam reiterated the commitment of the government towards accelerating the urban development works and ensuring that Jammu city emerges as a modern and citizen-friendly urban centre equipped with sustainable infrastructure and enhanced public amenities.

and two monuments representing Uttar Pradesh.

The officials further stated that this will be the first-of-its-kind Waste to Wonder Park in Jammu, envisioned as a major recreational and educational destination for school children, tourists and local residents alike. The project is also expected to promote the concept of waste recycling and environmental sustainability through creative public infrastructure.

Nasir Aslam reiterated the commitment of the government towards accelerating the urban development works and ensuring that Jammu city emerges as a modern and citizen-friendly urban centre equipped with sustainable infrastructure and enhanced public amenities.

MEA rejects Dutch PM's remarks on press freedom, minority rights in India

GMK NEWS NETWORK

NEW DELHI: India rejected reported comments by Dutch Prime Minister Rob Jetten expressing concerns about press freedom and minority rights in the country, with a senior official describing India as a "vibrant democracy" that guarantees free speech to all.

Jetten told reporters in The Hague before a meeting with Indian Prime Minister Narendra Modi that "the Dutch government, too, has concerns regarding developments in India ... not just about press freedom ... but also about the rights of minorities, which are under severe pressure there," according to Dutch newspaper De Volkskrant. Jetten said such concerns were "regularly raised" with India, but sources said the issue was not discussed during his bilateral meeting with Modi on Saturday.

Asked about the Dutch leader's remarks, Siby George, secretary (West) in India's Ministry of External Affairs, said they reflected "a lack of understanding." He noted that



India is home to 1.4 billion people and a civilization five millennia old. "There is no other country in the world where so many religions have originated — Hinduism, Buddhism, Jainism and Sikhism," George said, adding that all continue to flourish.

George said India's Jewish population "never faced any persecution," and that Christianity arrived "immediately after the resurrection of Jesus Christ" and now includes more than 30 million followers. "Christianity came to India much before it came to Europe," he said. Islam, he added, arrived "during the time of Prophet Muhammad and flourished in India."

Citing recent assembly elections, George said India is a vibrant democracy with a peaceful transition of power. He said the country achieved economic success without "compromising" on democratic principles. "We did not go for violence to eliminate poverty. We went through the democratic process to eliminate poverty."

"We are one-sixth of the total population of the world, but not one-sixth of the problems of the world," George said. "Every minority thrives." He said that at India's independence, minority communities made up 11% of the population, and that the figure now stands at more than 20%.

J&K Witnessing Transformation, Tourism to Grow: Satish Sharma

Visits Art of Living International Center in Bengaluru

GMK NEWS NETWORK

BENGALURU: Minister for Food, Civil Supplies & Consumer Affairs, Information Technology, Transport, and Youth Services & Sports, Satish Sharma Tuesday visited The Art of Living International Center in Bengaluru as part of the ongoing celebrations marking 45 years of The Art of Living.

During his visit, Satish Sharma met Gurudev Sri Sri Ravi Shankar and joined a special Satsang at the newly inaugurated Dhyana Mandir, a meditation hall dedicated to the millions of seekers visiting The Art of Living International Center from around the world. The hall was inaugurated earlier this month by Prime Minister Narendra Modi.

The visit formed part of the month-long celebrations bringing together leaders, policymakers, artists, industrialists, sportspersons, and spiritual figures from across India and abroad to commemorate four and a half decades of The Art of Living's humanitarian work toward creating a violence-free and stress-free society.



Addressing the gathering, Satish Sharma spoke about the importance of compassion, emotional resilience, and collective efforts in rebuilding communities and strengthening society.

Expressing gratitude for Gurudev's engagement with the people of Jammu & Kashmir through challenging times, he said, "Gurudev, during our darkest times, you stood by us. You held our hand." He particularly acknowledged the impact of stress-relief and trauma-healing interventions carried out across the region, especially among children and communities affected by

prolonged conflict.

"The relief and healing that our children received from stress and trauma through your guidance is, in my view, among the greatest contributions made anywhere in India," he said.

Satish Sharma also spoke on a difficult phase in his own life and shared his journey of resilience and renewal.

Speaking about the future of Jammu & Kashmir, Satish Sharma highlighted the region's changing landscape and growing opportunities, expressing confidence in its developmental trajectory and tourism potential.

"We are witnessing a period of transformation in Jammu & Kashmir. There

J&K Govt orders administrative reshuffle, transfers several IAS, JKAS officers

GMK NEWS NETWORK

SRINAGAR: The Jammu and Kashmir Government on Tuesday ordered transfers and postings of several IAS and JKAS officers in a fresh administrative reshuffle across the Union Territory, City & Local Guides. According to Government Order No. 938-JK(GAD) of 2026 issued by the General Administration Department (GAD), Mr. Anil Banka, IAS (AGMUT:2015), who was serving as Special Secretary to the Government, Finance Department, has been transferred and posted as Director, Industries and Commerce, Kathua.

Mahima Madan, IAS (AGMUT:2021), Additional Secretary to the Government, Information Technology Department, has been posted as Additional Deputy Commissioner, Kathua.

The order further stated that Ms. Asha Choudhary Malhotra, IAS (AGMUT:2022), who was awaiting adjustment in the General Administration Department, has been appointed as Chief Executive Officer, JaKeGA. She will also hold the additional charge of Director, Defence Labour Procurement, J&K, till further orders. Meanwhile, Mohd. Raiyaz, JKAS, presently serving as Deputy Secretary in the Department of Forest, Ecology and Environment, has been transferred and posted as Sub-Divisional Magistrate, Karnah-Tangdhar against an available vacancy. (KNC)

MLA Kangan leads example, completes Self-Enumeration for Census 2027

GMK NEWS NETWORK

GANDERBAL: In a significant step towards Digital Census 2027, Member of Legislative Assembly (MLA) Kangan, Mian Meher Ali Tuesday completed his Self-Enumeration through the Census Self-Enumeration Portal, becoming one of the first public representatives in District Ganderbal to do so.

The Self-Enumeration exercise was facilitated by Tehsildar Kangan, who is also the Charge Officer for Census 2027 in Tehsil Kangan. Tehsildar Kangan briefed the MLA about the importance of Digital Census, the use of Mobile App and Web Portal, and the



role of citizens in ensuring error-free, real-time data collection.

Speaking on the occasion, MLA Kangan said, "Census is the foundation of all planning and welfare schemes. I appeal to all residents of Kangan to

come forward and complete their Self-Enumeration. This will ensure that J&K's data is accurate and our developmental needs are projected correctly at the national level."

Tehsildar Kangan, informed that Tehsil Kangan

was praised at All India level for its time bound and error free completion of Census 2025 Pre-Test in November 2025. "We are committed to making Census 2027 a people's movement. Self-Enumeration reduces workload on enumerators and improves data quality. Our teams are conducting door-to-door awareness and setting up facilitation camps in Panchayats," he said.

The demonstration was attended by General Public, Supervisors, and Census functionaries. A dedicated helpdesk has been established at Tehsil Office Kangan to assist citizens in Self-Enumeration from 10 AM to 4 PM on all working days.

EOW Kashmir conducts searches in Rs 93 lakh land fraud case

GMK NEWS NETWORK

SRINAGAR: The Economic Offences Wing (EOW) Kashmir of Crime Branch Jammu and Kashmir conducted house searches in Budgam district in connection with an alleged Rs 93 lakh land fraud case involving fake agreements related to migrant land and standing trees.

According to officials, the searches were carried out at Semsaan area of Budgam in connection with FIR No. 17/2026 registered under Sections 318(4), 336(3), 340 and 61(2) of the Bharatiya Nyaya Sanhita at Police Station EOW Kashmir. City

& Local Guides

The case pertains to alleged fraud involving accused Ghulam Mohi-ud-din Dar of Jawalpora, Budgam and Soom Nath Koul of Bangalore North, Karnataka, presently residing in Janipur Jammu.

Investigations revealed that the complainant was allegedly induced into purchasing five kanals of migrant land at Drusu in Pulwama district and 300 standing trees at Bijbehara through fake agreements.

Officials said the investigation further found that accused Soom Nath Koul had allegedly posed as



the attorney holder of the original landowners, while Ghulam Mohi-ud-din Dar acted as a witness during the transaction.

Preliminary findings also revealed that neither the land nor the trees belonged to the accused persons.

"In continuation of the investigation, house search-

es were conducted at Semsaan Budgam in the presence of Executive Magistrates to collect incriminating material and other evidence relevant to the case," officials said. Local business directory

The Crime Branch advised the public to remain vigilant against economic fraudsters and report such incidents directly to SSP EOW Srinagar, Abdul Waheed Shah.

Victims of economic fraud have also been asked to submit complaints through the official email of the Economic Offences Wing.

Good Morning **Kashmir**

EDITORIAL

War On Drugs Must Go Beyond Speeches

The latest remarks by Manoj Sinha in Pulwama reflect a growing realization that the drug menace in Jammu and Kashmir is no longer merely a social issue, it has evolved into a dangerous narco-terror network threatening the very fabric of society. His assertion that drug peddlers and terrorists are "two sides of the same coin" is not only politically significant but painfully true.

For years, the spread of narcotics across towns and villages in Kashmir was either underestimated or ignored. What was once considered isolated substance abuse has now emerged as an organised ecosystem driven by money, fear, and cross-border agendas. The consequences are visible everywhere, shattered families, unemployed youth trapped in addiction, rising crime, and a generation slowly losing direction.

The figures shared by the administration are undoubtedly striking. Nearly 900 drug smugglers and peddlers arrested since April 11, cancellation of passports, suspension of driving licences, and seizure of vehicles send a strong message that the state is finally moving beyond symbolic action. The crackdown in Pulwama and the large-scale public participation in anti-drug campaigns indicate that society too has begun to wake up from years of silence.

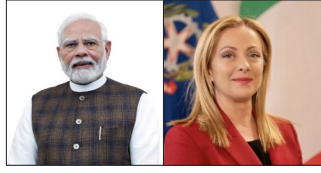
However, the real challenge lies not in conducting arrests, but in ensuring that the network does not regenerate. Drug trafficking survives because of deep-rooted corruption, unemployment, weak rehabilitation systems, and easy money. Merely arresting street-level peddlers while larger operators remain untouched will not solve the crisis. The administration must ensure that investigations move upwards toward financiers, cross-border handlers, and organised syndicates who sustain this poisonous trade.

Equally important is rehabilitation. Kashmir cannot arrest its way out of addiction. Thousands of young people battling substance abuse need accessible treatment centres, counselling, vocational support, and social reintegration. Parents and families who have silently suffered for years also deserve institutional support rather than stigma and isolation. The involvement of communities in the "Nasha-Mukt J&K" campaign is encouraging because no war against drugs can succeed without public participation. Religious institutions, schools, civil society groups, and local communities must become active stakeholders in prevention and awareness. Silence and denial have already cost society too much.

The government's tough rhetoric will only carry weight if it translates into sustained action, transparent investigations, and visible results on the ground. Kashmir's youth deserve protection not only from terrorism but also from the slow destruction caused by narcotics. The battle against drugs must therefore become more than a law-and-order exercise — it must become a mission to reclaim the future of an entire generation.

Italy And India

A Strategic Partnership For The Indo-Mediterranean



NARENDRA MODI / GIORGIA MELONI

The relationship between India and Italy has now reached a decisive stage. In recent years, our ties have expanded with unprecedented momentum, evolving from a cordial friendship into a special strategic partnership grounded in the values of freedom and democracy, and a common vision for the future.

At a time when the international system is undergoing a profound change, the partnership between Italy and India is guided by regular exchanges at higher political and institutional levels, and is gaining a new and higher dimension that combines our economic dynamism, societal creativity, and millennia-old civilisational wisdom. Our cooperation mirrors our shared awareness that prosperity and security in the 21st century will be shaped by the ability of nations to innovate, manage energy transitions, and strengthen strategic sovereignty. To this end, we have committed to deepen and diversify our bilateral relationship with a view to pursuing new objectives and pooling our complementary strengths. We aim to forge a powerful synergy between Italian design, manufacturing excellence, and world-class supercomputers — reflecting Italy's position as an industrial powerhouse — and India's rapid economic growth, engineering talent, scale, and innovation and entrepreneurial ecosystem with over 100 unicorns and 200,000 start-ups. This is not a simple integration, but a co-creation of value where our respective industrial strengths amplify one another.

The Free Trade Agreement between the European Union and India paves the way for increased trade and investment in both directions. We want to reach and exceed the Euro 20 billion target for trade between Italy and India by 2029, with a focus on defence & aerospace, clean technologies, machinery, automotive components, chemicals, pharmaceuticals, textiles, agri-food, tourism and more.

"Made in Italy" has always been synonymous with excellence worldwide, and today it finds a natural synergy with the high-quality goals of the "Make in India" initiative. In this context, the growing interest of Italian businesses in the production for India and the increasing presence of Indian industries in Italy, numbering over 1000 from both sides now, is



a positive sign that will strengthen their integration of our supply chains.

Technological innovation lies at the very heart of our partnership. The coming decades will be shaped by a technological revolution of unmeasurable scope, marked by advances in sectors such as Artificial Intelligence, quantum computing, advanced manufacturing, critical minerals, and digital infrastructure. India's dynamic innovation ecosystem, coupled with highly skilled professional talent pool, and Italy's advanced industrial capabilities make our cooperation in the above sectors both natural and strategic. The growing partnership between our Universities and Research Centres will support this. India's Digital Public Infrastructure is already finding resonance with a large number of countries particularly in the Global South.

Artificial Intelligence, in particular, is already impacting our societies and the global economy. Italy and India have long been collaborating to ensure that AI development is responsible and human-centred. From this perspective, India and Italy also see AI as a powerful instrument for inclusive development, especially for the Global South, where digital public infrastructure and accessible, multilingual technologies can bridge divides rather than deepen them. Building on India's vision of MANAV — putting human at the centre of technology — and Italy's leadership in promoting a human-centric 'algor-ethics' rooted in its humanist tradition, our partnership seeks to ensure that AI acts as a catalyst for social empowerment.

Our approach combines India's digital scale with Italy's ethical and industrial expertise, ensuring technology serves human dignity. By sharing best practices in secure digital cooperation, capacity-building and resilient cyber infrastructure, we aim to create an open, trustworthy and equitable digital space in which every nation can shape and benefit from AI. This perspective forms the core of Italy's G7 Presidency and outcomes of the AI Impact Summit 2026, held in New Delhi. Conceiving AI as a tool created by humans for humans means firmly asserting that technology cannot replace individuals or undermine their fundamental rights, nor be used to manipulate public debate or alter democratic processes. Our approach to defending freedom and human dignity in an increasingly interconnected world hinges on this very challenge.

Our cooperation also covers the space sector. India's impressive advancements in space exploration and satellite technology, together with Italy's aerospace engineering excellence, offer significant opportunities for joint initiatives and next-generation technology development. Security and stability remain essential to ensuring nations' prosperity. Italy and India intend to further strengthen their cooperation in sectors such as defence, security and strategic technologies. Our collaboration will help ensure the security of critical maritime routes, strengthen resilience in the face of threats, such as terrorism, international criminal networks, drug trafficking, cyber-crimes and human trafficking.

Energy is another key pillar of our

partnership. The global transition towards diversified energy sources requires innovation, investment, and cooperation. India and Italy are collaborating from renewable energy to hydrogen technologies, and from smart grids to resilient infrastructure. While India's push for becoming a hub for Green Hydrogen exports offers immense potential, it perfectly complements Italy's advanced technology in renewable infrastructure and its strategic role as an energy gateway for Europe. Our collaboration along with other countries in key India-led initiatives — International Solar Alliance (ISA), Coalition for Disaster Resilient Infrastructure (CDRI) and Global Biofuels Alliance (GBA) — is also important in this context.

Physical, digital and human connectivity is the thread that weaves us together. Both India and Italy are located at the very heart of two crucial hubs of the global economy, the Indo-Pacific and the Mediterranean — regions that cannot be viewed as separate spheres, but instead as increasingly interconnected spaces. As a matter of fact, we are witnessing the emergence of what might be termed the Indo-Mediterranean, an important corridor for trade, technology, energy, data and ideas tying the Indian Ocean to Europe. It is precisely within this interconnected space that our bond naturally evolves into a special strategic partnership — one that bridges two continents and shapes new global dynamics.

In this context, the India-Middle East-Europe Economic Corridor (IMEC) represents a vision aimed at connecting our regions through modern transport and infrastructure, digital networks, energy systems, and resilient supply chains. India and Italy are also committed to working together with other partners to make this vision a reality.

We can address our shared challenges by drawing upon the profound partnership and the enduring cultural ties between our nations. Within Indian culture, the concept of "Dharma" evokes the sense of responsibility that must guide our actions, whilst the principle of "Vasudhaiva Kutumbakam" — "the world is one family" — resonates powerfully in this interconnected digital age. Such values find a natural echo in Italy's humanist tradition, rooted in the Renaissance, which highlights the dignity of each individual and the power of culture to unite peoples and societies. Our shared vision, therefore, aims to lay the foundation for a strong and forward-looking India-Italy Partnership with our people at the centre.

Narendra Modi, Prime Minister of India

Giorgia Meloni, President of the Council of Ministers of the Italian Republic

FROM MENACE TO MANAGEMENT

Stray Dogs, Garbage, And The Failure Of Our Municipalities

DR. VINOD DIXIT

The stray dog population in cities has increased dramatically and is becoming a serious threat to public safety. Children are bitten on their way to school, senior citizens are afraid to take morning walks, and two-wheeler riders get injured when dogs chase them. This is no longer a minor nuisance; it is a public health and safety emergency that demands urgent, lawful action. To control the street dog population, it is incumbent upon Municipal Corporations to implement sterilisation and immunisation programmes in partnership with animal welfare organisations, NGOs, and responsible private individuals. The law is unambiguous: only humane, government-approved methods of Animal Birth Control are permitted. Culling is illegal.

The Supreme Court has directed that stray dogs must be released back into their original territories after sterilisation, deworming, and vaccination. Only dogs confirmed to be rabid or displaying unprovoked aggressive behaviour may be housed in separate shelters. Killing street dogs does not work. When one pack is removed, another moves in to exploit the available food source. Globally, the only proven method to reduce numbers is systematic

sterilisation of at least 70% of dogs in an area, after which the population stabilises and then declines within three to four years. Some people imagine we have a "right" to remove animals without regard for our moral responsibility toward creatures that share this planet with us. But we are a nation that believes in ahimsa and shuns cruelty.

The earth is not for humans alone. It is ironic that many who find spitting and urinating in public spaces acceptable cannot tolerate harmless species trying to survive. Most strays lead miserable lives, scavenging rotten food, starving, and suffering from painful, debilitating diseases like mange. Some of these diseases, including rabies, are communicable to humans. Hungry and territorial, many stray dogs chase and bark at people and children, creating fear and risk. The root cause of the stray dog menace is our garbage, not the dogs' nature. The problem is worse in areas where food waste is dumped on roadsides.

Therefore, the first step is waste management, not dog-catching. Municipal authorities must clean streets daily to make them rubbish-free, penalise open dumping of food waste, and encourage door-to-door collection of wet waste instead of roadside bins that become 24x7 feeding stations for dogs. In line with Supreme Court directives, municipalities must create des-



ignated feeding areas in each ward and prohibit feeding on public streets to prevent packs from forming near schools, markets, and hospitals. Dedicated helpines must be established for reporting bites, aggressive dogs, and violations of feeding rules, and action must be taken against individuals or NGOs who defy the directive.

Every sterilised dog should be ear-notched and tagged. NGOs must submit monthly data on dogs caught, operated on, vaccinated, and released, and third-party audits should verify outcomes. Resident Welfare Associations should appoint Dog Welfare Coordinators to identify unsterilised dogs, monitor feeding points, and report sick animals. Public awareness campaigns must teach children not to tease dogs and adults not to abandon pets, as 80% of "strays" are abandoned pets or their pups. Relocating dogs to

"far away areas" is both illegal and ineffective; the only way to control rabies is mass vaccination of dogs where they live, with a target of 70% coverage in each zone annually. Municipal Commissioners should publish quarterly reports on ABC targets, budgets, and bite cases.

Small, hygienic shelters must be built only for rabid, terminally ill, or proven-dangerous dogs, not as dumping grounds for every complaint. Cruelty must be punished on both sides: dog catchers who use brutal methods and individuals who poison or beat dogs. Dogs have lived with humans for eternity. They warn neighbourhoods about intruders at night. As pets they are wonderful; as unmanaged strays they become a threat. But the answer is not hate, it is management. Stray dogs are part of our urban environment and teach valuable lessons in friendship, co-operation, and

loyalty to children and adults alike. They offer unconditional love that humans often lack. There are countless examples of strays giving up their lives for their caretakers. Other creatures are not here for our selfishness. We must learn coexistence with compassion. A fistful of rice given regularly ensures a dog will guard your lane and not harm you.

The stray dog menace is a grave urban problem, but it is solvable. The solution is not cruelty or mass culling, which is both illegal and ineffective. The solution is scientific, humane, and legally mandated: mass sterilisation, mass vaccination, disciplined waste management, designated feeding, community participation, and strict accountability from Municipal authorities.

Public safety and animal welfare are not opposing goals; they are achieved together. If the laws favour the street dogs' right to live, then the Government must ensure those laws are implemented effectively to safeguard citizens. We must act immediately, seriously, and with both sense and humanity. Only when we clean our streets and manage our compassion can we claim to be a truly civilized and loving nation. Dogs can remain man's best friend, if we care for them the right way.

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IDEAS, OPINIONS AND VIEWS EXPRESSED IN ARTICLES PUBLISHED ARE WRITERS' OWN AND MAY NOT BE FOUND IN ACCORD WITH THOSE OF GOOD MORNING KASHMIR

Glittering Poison

When Productivity Becomes Addiction



DR. RATAN BHATTACHARJEE

Energy drinks thrive on illusion. They sell the fantasy of instant energy while masking the biological truth that the human body cannot be cheated indefinitely. Real energy emerges from sleep, nutrition, exercise, hydration, emotional balance, and healthy living. The modern world moves at a relentless pace. Long working hours, sleepless nights, academic pressure, digital addiction, and social competition have created a society permanently exhausted and desperately searching for quick stimulation. Into this climate entered the booming industry of energy drinks, marketed as magical beverages promising instant vitality, enhanced concentration, superior athletic performance, and limitless stamina. Bright cans, aggressive advertisements, celebrity endorsements, and youthful branding transformed energy drinks into symbols of power and productivity. Yet beneath their glamorous packaging lies a troubling reality. For millions of consumers, especially teenagers and young adults, energy drinks are not solutions but traps, commercially engineered stimulants that often create more harm than help.

Energy drinks merely stimulate the nervous system temporarily, often at a hidden physiological cost. Their promise resembles a shortcut that ultimately drains the very vitality it claims to provide. The word "energy" itself is misleading. These drinks do not generate genuine energy in the body. Instead, they rely primarily on caffeine, sugar, and stimulants to create an artificial sensation of alertness. A fatigued student preparing for examinations, an overworked office employee, a truck driver struggling to remain awake, or a gamer spending sleepless nights may feel temporarily energised after consuming these beverages. However, the underlying exhaustion remains unresolved. The body is not healed; it is simply overstimulated. The excessive caffeine content in many energy drinks is one of the greatest concerns. Some cans contain caffeine levels far higher than ordinary soft drinks or even coffee. Large doses of caffeine can elevate heart rate, increase blood pressure, trigger anxiety, disturb sleep patterns, and create nervous agitation. For adolescents whose bodies and brains are still developing, such stimulation may become especially harmful. The illusion of enhanced performance often conceals mounting physiological stress.

Sugar represents another hidden danger. Many energy drinks contain extraordinarily high sugar content. Excessive sugar consumption contributes to obesity, diabetes, tooth decay, metabolic disorders, and long-term cardiovascular risks. Ironically, the short burst of stimulation produced by sugar is frequently followed by a "crash"—a sudden drop in energy and mood that encourages consumers to seek another drink, thereby deepening dependence. This cycle of stimulation and exhaustion forms the core trap of energy drinks. Instead of solving fatigue, they normalise unhealthy lifestyles. A person deprived of adequate sleep may use an energy drink to continue functioning. Rather than addressing overwork or stress, society increasingly embraces chemical stimulation as a substitute for rest and balance. Energy drinks therefore become symptoms of a culture obsessed with constant productivity and incapable of respecting human limits.

Young people are particularly vulnerable to this marketing machinery. Advertisements portray energy drinks as companions of adventure, sports, masculinity, glamour, and rebellion. Extreme sports athletes, musicians, influencers, and gaming personalities often promote these products as symbols of fearless living. Teenagers easily absorb the message that energy drinks represent confidence, coolness, and modernity. The psychological appeal becomes stronger than rational health awareness. The sports connection is especially deceptive. Many consumers assume energy drinks are similar to sports drinks, but the two are fundamentally

different. Sports drinks are generally designed to replenish fluids and electrolytes lost during physical activity, whereas energy drinks emphasise stimulation through caffeine and sugar. Confusion between the two categories has led many young athletes to consume energy drinks during exercise, sometimes risking dehydration or cardiac stress.

The corporate strategies behind the energy drink industry reveal how commercial profit frequently overrides public health concerns. Companies carefully target youth culture through music festivals, gaming competitions, college events, and social media campaigns. Colourful packaging, catchy slogans, and celebrity partnerships create emotional attachment to the brand. The drinks are rarely marketed as dangerous stimulants; instead, they are presented as lifestyle accessories associated with success and excitement. The influence of social media has intensified the phenomenon. Viral challenges, influencer promotions, and visually attractive branding encourage impulsive consumption among impressionable audiences. Young consumers often imitate online personalities without understanding the medical implications of excessive stimulant intake. The digital ecosystem thus amplifies both consumption and misinformation.

Another disturbing trend is the mixing of energy drinks with alcohol. Many young adults combine the two during parties or nightlife activities. This combination can be dangerous because caffeine masks the depressant effects of alcohol, making individuals feel less intoxicated than they actually are. As a result, they may consume more alcohol than their bodies can safely tolerate, increasing risks of alcohol poisoning, accidents, reckless behaviour, and impaired judgement. Sleep disruption caused by energy drinks deserves serious attention. Sleep is essential for cognitive function, emotional stability, immunity, memory, and physical recovery. Yet energy drinks encourage a lifestyle that glorifies sleeplessness. Students use them to study late into the night; professionals rely on them during exhausting shifts; gamers consume them during marathon sessions. Over time, chronic sleep deprivation dam-



despite growing warnings, aggressive marketing continues to reach younger audiences.

The energy drink culture also reflects a broader social crisis. Modern capitalism frequently rewards overwork while undervaluing rest. Students compete under enormous academic pressure, employees face relentless productivity demands, gig workers endure irregular schedules; digital entertainment erodes sleep habits. In such a world, energy drinks appear attractive because they promise survival without structural change. They allow individuals to keep pushing themselves beyond healthy limits. But the human body is not a machine. It requires recovery, nourishment, calmness, and balance. Artificial stimulants cannot replace these fundamental biological needs. The apparent convenience of energy drinks often postpones rather than resolves exhaustion. Eventually, the body demands repayment through burnout, illness, emotional collapse, or chronic fatigue.

The economic dimension of the industry is equally striking. Energy drinks generate billions of dollars globally every year. Corporate profits rise as dependency grows. The industry benefits from consumer insecurity and fatigue, transforming exhaustion itself into a lucrative market. The irony is painful: society creates stressful lifestyles and then sells chemical

they often weaken the very vitality they claim to enhance. Real health emerges gradually through discipline and self-care, not through instant stimulation. A society addicted to shortcuts becomes vulnerable to exploitation. Energy drinks profit precisely because modern people feel chronically tired, emotionally pressured, and socially overextended. There is also a philosophical dimension to the issue. Energy drinks symbolise a civilisation increasingly disconnected from natural rhythms. Human beings evolved according to cycles of daylight, rest, nourishment, and recovery. Modern technological life disrupts those rhythms continuously. Instead of adapting our lifestyles to biological realities, we attempt to chemically manipulate our bodies into endless productivity. The result is not empowerment but imbalance.

The environmental impact of the industry also deserves reflection. Billions of aluminium cans and plastic

containers contribute to waste generation worldwide. Manufacturing, transportation, refrigeration, and disposal all carry ecological costs. Thus, the energy drink culture not only affects personal health but also participates in patterns of unsustainable consumption. Many consumers eventually realise the emptiness of the promise. The "energy" fades quickly, often leaving deeper exhaustion behind. What seemed like empowerment becomes dependency. What appeared glamorous became a routine compulsion. The trap lies precisely in this cycle, temporary stimulation followed by depletion, leading to repeated consumption.

Ultimately, energy drinks are less about energy than about illusion. They market urgency instead of balance, stimulation instead of wellness, and instant gratification instead of long-term health. Their seductive appeal conceals a dangerous message: that human beings can endlessly override their biological limits without consequences. But nature cannot be

These drinks do not generate genuine energy in the body. Instead, they rely primarily on caffeine, sugar, and stimulants to create an artificial sensation of alertness. A fatigued student preparing for examinations, an overworked office employee, a truck driver struggling to remain awake, or a gamer spending sleepless nights may feel temporarily energised after consuming these beverages.

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ages mental and physical health profoundly. Mental health consequences are also increasingly visible. Excessive caffeine consumption may contribute to anxiety, irritability, panic attacks, restlessness, and mood instability. Individuals already vulnerable to stress or depression may experience worsening symptoms. The temporary stimulation offered by energy drinks often creates emotional volatility rather than sustainable well-being.

Dependency is another hidden danger. Many consumers gradually develop tolerance, requiring increasing quantities to achieve the same stimulating effect. What begins as occasional consumption may evolve into daily dependence. Some individuals report headaches, fatigue, irritability, and difficulty concentrating when they attempt to reduce intake. The body becomes conditioned to artificial stimulation instead of natural rhythms. Children and adolescents face even greater risks because their bodies process stimulants differently. Paediatric experts in several countries have expressed concern regarding energy drink consumption among minors. Rapid heartbeat, insomnia, hyperactivity, and concentration problems have all been associated with excessive intake. Yet

stimulation as the cure. Public awareness regarding nutrition remains inadequate in many places. Consumers frequently fail to read labels carefully or understand caffeine levels. Marketing language emphasising "vitamins", "performance", or "natural ingredients" creates misleading impressions of healthfulness. Even when warnings exist, they are often overshadowed by glamorous branding.

Governments and health organizations in several countries have begun debating stricter regulations concerning energy drink sales, labeling, and advertising. Some advocate age restrictions, clearer caffeine disclosures, or limits on marketing directed at minors. Such discussions reflect growing recognition that unchecked commercialisation may endanger public health. Parents and educators also face a crucial responsibility. Young people need accurate information about nutrition, sleep, and stimulant risks. Schools and families must encourage healthier approaches to managing stress and fatigue. Balanced meals, hydration, regular exercise, time management, and adequate rest provide far more sustainable energy than chemically loaded beverages.

The irony of energy drinks is that

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Over 1.50 Lakh

to assist citizens in completing their Self-Enumeration smoothly and accurately through the online platform.

During the press meet, the Director also gave detailed information regarding special arrangements being put in place for coverage of migratory, nomadic tribal populations across the Union Territory including Gujjar, Bakarwal and other nomadic communities.

The Director assured that no person from the tribal or migratory population would be left out of the Census enumeration exercise and stated that dedicated operational mechanisms are being devised in coordination with various departments including the Office of the Principal Chief Conservator of Forests, School Education Department, Tribal Affairs Department and Sheep Husbandry Department to ensure comprehensive coverage of migratory and nomadic populations during Self-Enumeration and subsequent House Listing Operations.

Amit Sharma further informed that special deployment plans for Enumerators and Supervisors are being prepared for remote, hilly and migratory routes so that tribal and migratory households residing in difficult geographical locations are fully covered during Census operations.

The Director also reassured the public that the Self-Enumeration portal and Census mobile applications have been specifically designed to function effectively even in difficult terrain and low-connectivity environments. He stated that offline and synchronisation-based mechanisms have been incorporated into the digital systems so that enumeration activities can continue smoothly even in areas where internet connectivity may not be consistently available.

Highlighting the importance of accurate demographic data, Shri Amit Sharma appealed to all residents of the Union Territory of Jammu & Kashmir to complete their Self-Enumeration within the notified timelines and furnish correct, clear and transparent information for generation of reliable data essential for governance, welfare schemes, infrastructure planning and developmental policy formulation.

Amit Sharma also clarified that all information collected during Census operations remains completely confidential under the provisions of the Census Act, 1948, and reiterated that no bank account details, PAN details, financial transaction information or similar sensitive personal information are collected during the Census exercise.

Will Hunt Down

and most importantly long-standing silence that hung over Union Territory of Jammu Kashmir began to break.

"Today that silence has turned into a loud, collective outcry against drugs. Our fight is against a vast narco-terror network fueled by fear, greed, and destruction. In Pulwama alone, more than 11,000 local events have been organized in recent days. FIRs have been registered against 48 drug smugglers, and 56 drug traffickers have been arrested. These figures show we are striking directly at the roots of terror," the Lieutenant Governor said.

Lieutenant Governor said that for many decades drug smuggling in Jammu Kashmir was treated as mere local crime and now the people must realise that the drug smuggler and the terrorist are two sides of the same coin.

"Drug smugglers profits by destroying the futures of our youth and the terror outfits uses that money to fuel terrorism and radicalization in Jammu Kashmir. Every deal a drug peddler makes not only wrecks a young life but also finances the killing of innocent citizens. When drug smugglers earn money, our youth lose their future and that money arm terrorists against innocents in Jammu Kashmir. That is why my resolve is unshakable and my promise firm that we will remove drug smugglers and peddlers from Jammu Kashmir's soil," the Lieutenant Governor said.

Lieutenant Governor warned the narco-terror ecosystem that they no longer can hide and the law enforcement agencies are on their trail.

"We will hunt you down even in your deepest hideouts. Our mission is not just arrests but the complete destruction of narco-terror empire and tearing out the very roots from which this poison spreads," the Lieutenant Governor said.

It is pertinent to mention that since 11th April, about 897 drug smugglers and peddlers have been arrested. Recommendations have been made to cancel passports of 18 traffickers. Additionally, driving licenses of 382 traffickers and peddlers and registrations of 386 vehicles have been cancelled. Forty-nine immovable properties have been seized and 45 properties demolished.

Across both Jammu and Kashmir divisions nearly 5,045 drug stores have been inspected; licenses of 225 drug stores have been suspended, licenses of 27 stores cancelled, and FIRs registered against 6 stores. From 11th April until now, 393,000 programs have been held throughout Jammu and Kashmir, with millions taking part through awareness and outreach activities. To strengthen ground-level monitoring and rehabilitation, 6,646 village women's committees and 2,997 youth clubs have been formed across Jammu and Kashmir, to block drug trafficking and ensure rehabilitation of those trapped by addiction. More than 100 helpline calls are being received each day, and over 52,000 patients have received treatment in addiction treatment facilities so far.

"As this 100-days campaign advances, we must fuel its momentum. Stay vigilant. Stay united. I want people of Jammu Kashmir to remember that stopping one peddler saves a life, and every

life saved weakens terror in the valley. Together, we will break addiction's chains in Jammu Kashmir, end terrorism, and light up our streets, homes, and future. A month ago, we dreamed of a drug free Jammu Kashmir. Today, we are proving it is real," the Lieutenant Governor said.

LG Honors Nari Shakti

enterprises led by them become stronger," the Lieutenant Governor said.

The Lieutenant Governor said in today's world, Lal Ded's message can become a lifeline for humanity and her philosophy of compassion, truth, and morality is the foundation of a global society that seeks peace, inclusion, and fraternity.

"Lal Ded's life teaches society that no matter how great the challenge, a person's inner strength, faith, and courage can turn even the toughest trials into opportunities for growth and learning. Lal Ded became a beacon of hope for all seekers who dared to believe that humanity can truly become better and her ideals guided people toward a more harmonious world," the Lieutenant Governor said.

He observed that Nari Shakti exemplifies sacrifice, compassion, and equality, and it is solemn duty of society and nation alike to secure full rights for women.

"I believe gender equality is a call for men to stand shoulder to shoulder with women and to be partners and allies, and to jointly build a just society and developed India while fulfilling their responsibilities. I firmly believe that when women progress, families progress and families progress, the nation progresses. Women play a crucial role in nation-building and its evidence is visible across every sphere of life," the Lieutenant Governor said.

The prestigious award was conferred on contemporary Kashmiri poet Smt. Bimla Raina; Sahitya Akademi Award-winning poet Prof. Naseem Shafaie; scholar, author and Rajbhasha expert, Dr. Sakina Akhtar; Dr. Syed Darakhshan Andrabi Chairperson, J&K Waqf Board and the Lifetime Achievement Award was presented to eminent writer, academician, and translator Prof. Neeraja Mattoo.

Smt. Vijaya K. Rahatkar, Chairperson, National Commission for Women; Shri Vijay Dhar, educationist; Shri Sanjay Nahar, Founder President, Sarhad; Smt Sushma Nahar, Founder Secretary, Sarhad; senior officials, members of Sarhad Foundation, and prominent citizens from different walks of life attended the award ceremony.

'Fuel Supply

without any restrictions, in line with prescribed safety and operational norms," said Himanshu Sharma, State Level Coordinator for the Oil Industry.

Sharma informed that adequate stocks of petroleum products are available across the supply chain, and replenishment is being carried out continuously to meet demand efficiently. LPG supplies to domestic consumers are also progressing normally, with deliveries taking place across the Union Territory without disruption.

The Coordinator further noted that OMCs are closely coordinating on logistics, stock positioning, and distribution planning to ensure uninterrupted energy access for citizens.

Appealing to the public, Sharma urged consumers to continue with normal purchasing behaviour, avoid panic buying, and rely solely on official communications issued by OMCs regarding fuel availability.

"The overall supply situation remains stable and under constant monitoring," he stressed.

Er Rashid Hints At

a battle of ideas and urged people not to fear him. "Don't frighten. I don't know whether I will continue politics or not, but I will never forget what happened to me," he said.

Recalling his release from Tihar Jail to attend the funeral, the MP said he had initially resisted coming out but was persuaded by family members and friends. "I was forced yesterday by my family and friends to come out of Tihar," he said.

On detentions and imprisonment of youth in Jammu and Kashmir, Rashid cited the example of a man-eating leopard in Handwara that had killed several people. "If the government can mend the behaviour of an animal after killings, why can't the hearts of Kashmiris who made small mistakes be won instead of sending them to jails under PSA?" he asked.

He said reconciliation and trust-building were the only ways to address the situation in Jammu and Kashmir. "I have shown them the way to win hearts," he added.

Rashid maintained that prison could not break his resolve. "Let me live in Tihar only. Tihar can't break me because I have done nothing wrong," he said.

He also appealed to both India and the neighbouring country to stop violence in Jammu and Kashmir and allow people to live peacefully. "I urge everyone, whether from this side or the neighbouring country, not to kill people of J&K, whether Hindu or Muslim. Let us live freely," he said.

Addressing the people of India, MP Rashid said Kashmiris were not enemies and reiterated that Islam teaches peace and coexistence. "We welcome tourists from across the country and want them to visit every corner of Kashmir, including Bungus. But don't come with the mindset that you have won Kashmir," he said—(KNO)

CS Calls For Concrete

and Tata Memorial Centre besides faculty

members and experts from various medical colleges and healthcare institutions of the UT.

During the deliberations, the Chief Secretary outlined the broad framework of the strategy to ensure an effective and sustainable impact on the ground. He emphasized the need for extensive Information, Education and Communication (IEC) activities to generate awareness among the masses about cancer prevention and early diagnosis.

He further stressed the importance of establishing a robust Cancer Registry for collection and analysis of disease-related data, besides undertaking population-based screening in accordance with the guidelines of the Indian Council of Medical Research.

The Chief Secretary observed that early detection and timely management of cancer cases remain critical for reducing the burden of the disease and improving survival outcomes. He underscored the need for ensuring proper treatment of patients strictly in line with established medical protocols while simultaneously promoting preventive oncology measures to safeguard the population from this life-threatening disease.

Reviewing the progress made so far, the Chief Secretary directed the expert committees constituted earlier to come up with concrete action plans within the next one month after conducting a detailed analysis of the prevalence of cancer and the existing treatment facilities available across Jammu and Kashmir.

He also asked the committees to assess the requirement for capacity building and strengthening of manpower in the healthcare sector for effective implementation of the proposed strategy.

He further instructed the Health and Medical Education Department to establish a dedicated core team of professionals drawn from different medical college faculties to ensure that the formulation and execution of the cancer control plan is taken forward in a coordinated and time-bound manner.

He also called for expediting the framing of comprehensive screening guidelines in collaboration with the Indian Council of Medical Research so that early detection of the disease becomes a practical reality across the UT.

During the meeting, experts from various health institutions shared their inputs regarding the prevalence and incidence of cancer in Jammu and Kashmir and highlighted the challenges faced by patients in obtaining timely diagnosis and treatment, particularly in far-flung districts. The participants also offered several suggestions aimed at strengthening cancer care infrastructure, improving accessibility of treatment facilities and bringing quality oncology services closer to patients' homes across the Union Territory.

Army Chief Describes

power for ensuring sustained national growth and strategic resilience.

The seminar was organised against the backdrop of an increasingly interconnected and volatile global environment, wherein national security and economic prosperity are becoming deeply interlinked. The concept of 'smart power', which formed the central theme of the seminar, was examined as a framework for the calibrated integration of hard and soft power capabilities, enabling India to strengthen its strategic autonomy while preserving economic engagement and diplomatic outreach.

Speaking at the seminar, the COAS said that the growing convergence between national security and economic prosperity in an increasingly volatile global environment. Referring to India's vision of Viksit Bharat 2047 and the Indian Army's ongoing "Decade of Transformation", the COAS underlined the importance of digital networking, data-centricity and physical connectivity as key pillars for future preparedness. Drawing upon the conduct of Operation Sindoor in May 2025, he described the operation as a demonstration of "smart power", wherein military precision, information management, diplomatic signalling and economic resolve were synchronised as one coherent national act. He emphasised that the deliberate termination of operations after achieving clearly defined objectives reflected the calibrated application of national power.

Highlighting the emergence of a "new normal of hard power" in global geopolitics, the COAS observed that security and prosperity can no longer be viewed as separate domains, with supply chains, technology ecosystems and critical resources increasingly becoming instruments of strategic competition. Outlining a "SMART" framework for India's strategic approach, he emphasised the need for integrated statecraft, manufacturing depth, accelerated innovation, resilience against external dependencies and technology primacy. Stressing the importance of Aatmanirbharta, whole-of-nation synergy and strategic autonomy, he called for deeper collaboration between the military, industry and academia to secure India's long-term growth and national interests. Concluding his address, the COAS reiterated that peace is sustained not merely through the absence of conflict, but through capability, confidence and national resolve.

During the event, the COAS also visited the accompanying technology exhibition and unveiled the book 'Maratha Sainya Vyavastha (Shivaji to the Third Battle of Panipat)', a scholarly work tracing the evolution of the Maratha military system and its relevance to Indian strategic thought.

The intellectual discourse of the seminar was structured around two special addresses and two panel discussions. A special address on the transformative role of niche technologies in military capability development was delivered

by Dr Prateek Kishore, Director General DS & DG (ACE), DRDO, wherein emphasis was laid on indigenous research and development for strengthening India's defence-industrial base and reducing strategic vulnerabilities.

An external perspective on contemporary geopolitical developments was presented by Mr Georg Enzweiler, Deputy Head of Mission, Embassy of the Federal Republic of Germany. The implications of shifting global power structures, erosion of multilateral norms and their impact on the international order and India's strategic options were highlighted during the address.

The first panel discussion, moderated by Lieutenant General Rakesh Kapoor (Retired), focused on India's strategic choices amid ongoing global turbulence. An assessment of the West Asia crisis was presented by Mr Ram Madhav, President, India Foundation. Deliberations were also carried out on disruptions in supply chains related to energy, food and critical minerals, and on the necessity for resilient alternative arrangements to safeguard India's strategic autonomy.

The second panel discussion examined the evolving character of warfare and the growing significance of cybersecurity, digital defence and emerging technologies. The Indian Army was represented at the level of DG Capability Development and ADG Army Design Bureau, while perspectives on next-generation technological integration and cyber resilience were shared by industry representatives from SRGF, the Data Security Council of India, Medjay Technologies and the CyberPeace Foundation.

The seminar was designed to be outcomes-oriented, with discussions aimed at generating policy recommendations for enhancing India's strategic autonomy, strengthening collaboration between government, industry and academia, and identifying priority investment areas in emerging and disruptive technologies.

The seminar sought to reinforce the idea of security as an enabler of prosperity and explored how India can leverage its civilisational resilience and expanding strategic capacities to transform contemporary challenges into opportunities for national growth and global leadership.

Heatwave Drives

during daytime because of the heat. Kashmir's weather is pleasant and refreshing," said tourist Ankit Verma.

In North Kashmir's Bangus Valley, known for its dense forests and sprawling meadows, tourists described the landscape as peaceful and untouched.

"The natural beauty of Bangus is extraordinary. It is less crowded and feels very close to nature," said Sana Khan, a tourist from Mumbai.

Local tourism stakeholders said offbeat destinations in Kashmir were witnessing increased footfall this season as more tourists explored lesser-known locations beyond Srinagar and Gulmarg.

"Tourists are now looking for unexplored places. Gurez, Tulail and Bangus are attracting visitors because of their natural beauty, pleasant weather and peaceful atmosphere," said local tourist guide Hilal Ahmad in Gurez.

Another guide in Sonamarg, Mushtaq Ahmed, said many tourists were extending their stays due to the cool weather conditions.

"People arriving from Delhi, Rajasthan and Punjab are enjoying the climate here. Many tourists are surprised to witness snow at Razdan Top during May," he said.

Officials in the tourism sector said the recent weather conditions and social media promotion of offbeat destinations had contributed to the rise in tourist arrivals across the Valley—(KNO)



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CS reviews implementation roadmap of mega Youth Empowerment Programme

GMK NEWS NETWORK

SRINAGAR: In a major initiative aimed at harnessing the potential of the youth and creating a unified ecosystem for their engagement, empowerment and development an ambitious Youth Empowerment Programme (YEP) is set to be rolled out soon by the Planning Development & Monitoring Department (PD&MD) across the districts of J&K.

The implementation of the programme was Tuesday reviewed by the Chief Secretary, Atal Dulloo in a meeting attended by Principal Secretary, Home; Principal Secretary, Culture; Commissioner Secretary, Planning; Commissioner Secretary, GAD; Commissioner Secretary, School and Higher Education Departments; Commissioner Secretary, YS&S; Secretary, RDD; Secretary, SDD; Secretary, Floriculture; MD, HADP; Director, EDI and Special Secretary, Planning (Nodal Officer YEP) along with other concerned officers.

Divisional Commissioner, Jammu/Kashmir and Deputy Commissioners attended the meeting through video conferencing.



During the presentation, Chief Secretary took a first-hand appraisal of the YEP portal presently under development and reviewed in detail the range of services proposed to be offered to the registered youth through the platform. He appreciated the department for first time creating a robust and interactive platform for the youth of the UT.

He also reviewed the dedicated interface developed for departments and Deputy Commissioners, including the workflow mechanism for creation of action plans, approval processes, uploading of events and documentation of activities through photographs and videos on the portal.

The initiative, as elucidated by Commissioner Secretary, PD&MD, R.

Alice Vaz is first-of-its-kind integrated digital platform designed to connect the youth of this region with different career opportunities, services, counselling, skill development and participatory governance for their empowerment irrespective of their social, economic or geographical background.

She further added that the programme envisions creating a comprehensive framework for empowering youth in the age group of 15 to 35 years across all the 20 districts of Jammu & Kashmir by integrating the schemes and services of more than 18 government departments onto a single platform to ensure convergence, transparency, efficiency and targeted outreach during the tenure of this mega orientation programme.

In the presentation by Nodal Officer, Dr Owais Ahmad it was highlighted that once registered on the portal, the youth would gain access to a tailored list of dozens of government schemes, programmes and opportunities based on the outcome of their psychometric assessment tests. The system has been designed to map the aptitude, interests and aspirations of the youth and accordingly recommend suitable interventions, career pathways and developmental programmes.

It was further highlighted that the programme would channelise the energies of youth towards constructive nation-building and community-development activities by encouraging their active participation in social service campaigns, awareness drives and community participation initiatives including the Nasha Mukta J&K Abhiyan. The initiative aims to create socially responsible youth leadership committed towards uplifting society and improving the quality of life in urban as well as rural areas across Jammu & Kashmir.

Chairperson National Commission for Women holds Mahila Jan Sunwai in Srinagar

Stresses prompt redressal of women's grievances

GMK NEWS NETWORK

SRINAGAR: Chairperson National Commission for Women, Vijaya K. Rahatkar Tuesday presided over a Mahila Jan Sunwai sessions at Banquet Hall Conference Complex Srinagar as a part of its flagship outreach programme "Rashtriya Mahila Aayog Aapke Dwar" aimed at hearing women's grievances and ensuring their prompt redressal.

Deputy Commissioner (DC) Srinagar Akshay Labro, SSP Srinagar, Dr. G.V. Sundeep Chakravarthy, Additional District Development Commissioner Srinagar, Rifat Aftab Qureshi, Additional Deputy Com-



missioner, Aadil Fareed, DySP Headquarters, Syed Sleet Shah and other senior Officers were present on the occasion.

During the proceedings, the Commission heard 14 registered and other walk-in cases concerning women's grievances.

Vijaya K. Rahatkar also held an interaction with senior Officers of District Administration Srinagar and District Police present on the occasion.

The Chairperson emphasized the crucial role of One Stop Centres (OSCs) in addressing

crimes against women and ensuring timely support to victims. She further stressed the need for a more sensitive, empathetic, and responsive approach by the police while handling cases related to crimes against women.

Divisional Seed Certification Officer visits SM Farm Watapora

GMK NEWS NETWORK

BANDIPORA: Divisional Seed Certification Officer Kashmir Tuesday visited the Seed Multiplication Farm (SM Farm) Watapora in Bandipora and reviewed the ongoing agricultural activities at the farm.

During the visit, the officer inspected the crop condition and expressed satisfaction over the scientific crop management



practices being adopted at the farm. He highly appreciated the excellent condition and overall quality of the crop and commended the efforts of the farm staff

in maintaining high standards of cultivation and farm management.

The officer also interacted with the field staff and reviewed various

activities related to seed multiplication and crop maintenance. He stressed the importance of adopting scientific and technical practices to ensure quality seed production and sustainable agricultural development.

The visit reflected the department's continued focus on promoting scientific farming methods and strengthening quality seed production in the district.

Massive awareness activities organised across Budgam under NMBA



GMK NEWS NETWORK

BUDGAM: A series of awareness programmes, rallies, debates, plantation drives and counselling sessions were organised across district Budgam under the Nasha Mukta Bharat Abhiyan (NMBA) to spread awareness against drug abuse and promote a healthy, drug-free society.

Government Degree College (GDC) Magam organised a debate competition under NMBA in which students actively participated and expressed their views on the harmful effects of substance abuse and the importance of collective efforts in eradicating the drug menace from society.

Various awareness activities under NMBA were also conducted across Block Narbal with enthusiastic participation of students, volunteers and community members.

The programmes included rallies, pledge ceremonies and awareness sessions aimed at sensitizing the public regarding the ill effects of drug abuse.

Meanwhile, Raithan Forest Range of Pir Panjal Forest Division Budgam organised collaborative events including a pledge ceremony, awareness programme and plantation drive at Government Middle School Basantwooder Khansahab under the banner of Nasha Mukta Bharat Abhiyan.

Participants highlighted the importance of environmental protection and a drug-free society. Similarly, Excise Department Budgam carried out a survey and awareness drive at village Kaisarmulla in Tehsil Chadoora regarding illicit poppy and bhung cultivation. During the drive, posters were pasted at prominent locations and locals were sensitized about the harmful effects of drug

abuse.

As part of the programme, District Employment & Counseling Centre Budgam in collaboration with Model Degree College Charar-i-Sharief organised an awareness programme for students. During the programme, participants were sensitized about Mission YUVA and counselled regarding the harmful effects of drug addiction and the importance of adopting healthy lifestyles.

The programmes witnessed active participation from students, officials, teachers and members of the local community, reflecting a collective commitment towards building a safer and addiction-free society.

The district administration Budgam continues its sustained awareness campaigns and coordinated efforts under Nasha Mukta Bharat abhiyan to eliminate the menace of drug abuse and safeguard the future of youth.

Sericulture Deptt concludes 3-Day Farmers Skill Development Programme at Hajin

GMK NEWS NETWORK

BANDIPORA: A three-day Farmers Skill Development Programme conducted under Capacity Building Activities (Silk Samagra-2/HADP), organized by the Sericulture Development Department ISDP Sonawari of District Bandipora, concluded successfully today at Mulberry Nursery Vijpara Hajin.

The programme witnessed enthusiastic participation from silkworm rearers and progressive farmers from different areas of Sonawari.

Speaking on the occasion, Development Officer Sericulture ISDP Sonawari,

Dr. Inayat Saleem Fazili, highlighted the immense potential of sericulture as a low-investment, employment-generating and sustainable rural enterprise capable of transforming the socio-economic condition of farming communities. He emphasized that the favourable climatic conditions of the district, coupled with the active participation of women in sericulture activities, provide a strong foundation for the rapid growth and strengthening of the silk industry in the district.

During the programme, farmers were imparted practical and technical training on scientific silkworm rearing practices,

chawki rearing management, disease prevention measures, mulberry plantation management and modern cocoon production techniques aimed at enhancing cocoon yield and improving farmers' income. The programme mainly focused on creating awareness among farmers regarding sericulture as a profitable and sustainable alternative to traditional farming practices.

Technical sessions during the programme were conducted by various expert resource persons, including Zonal Incharge ISDP Sonawari, Peer Nazir Ahmad and other field functionaries of the department.

CORRECTION

I, Adnan Majeed Bhat, S/o Abdul Majeed Bhat, resident of Hurdoo Handew, Shopian, Jammu & Kashmir, 192303. Mobile: +917006543550, hereby declare that my correct name is Adnan Majeed Bhat instead of Adnan Majeed as mentioned in my passport/records. Henceforth, I shall be known as Adnan Majeed Bhat for all purposes including passport records. If any body have any objection regarding the name change he/she may contact the regional passport office Srinagar within seven days after that no objection will be entertained.

Adnan Majeed Bhat

PUBLIC NOTICE

This is for the information to the general public that I intend to correct the credentials in my passport bearing no. N7084280 from Gulzar Ahmed Shiekh S/o Gh Nabi Shiekh R/o Nigeen Bagh Hazratbal Srinagar to Gulzar Ahmad Sheikh S/o Ghulam Nabi Sheikh R/o Nigeen Bagh Hazratbal Srinagar. In this regard if anybody have any kind of objection he/she may file the same with Passport Office Srinagar within a period of 7 days from the date of publication of this notice. No objection will be entertained afterwards.

PUBLIC NOTICE

I Mohamad Maqbool Bhat S/o : GH. Qadir Bhat R/o Doodh Mohalla Shalimar Srinagar intend to correct my name in my service records of SKUAST Kashmir, wherein my name has been inadvertently mentioned as Mohd Maqbool Bhat S/o Gh. Qadir Bhat instead of Mohamad Maqbool Bhat S/o Gh. Qadir Bhat as per my 9th class school leaving certificate issued by Govt. Higher Secondary Institute Shalimar Srinagar issued on 05.03.1998, under Admission No:421 the same needs to be rectified. If anybody having any objection, may contact the concerned department within a period of 07 days from the date of publication of this notice. No objection/s shall be entertained after the expiry of the said time period.

PUBLIC NOTICE

Whereas, I Ms. Nighat Ali, D/o Ali Mohammad khuroo R/o Shah Mohalla, Nawab bazar Srinagar Kashmir, intend to apply in the Department of Tourism for registration of my proposed travel unit under the name and style "DREAM 2 REALITY TOUR AND TRAVELS", situated at Nawab bazar Kashmir, under Tourist Trade Act 1978/82/2011-12.

Whereas, I will submit State Subject/Domicile Certificate, Qualification Certificate, PAN Card, Experience Certificate (Minimum 05 Years), Character Certificate (Police Department), Bank Statement (Minimum Balance ₹10,000), Site Plan, Affidavit, Rent Deed duly attested by Sub-Registrar, Printing Material (Letter Head/Visiting Card), Photographs of the Unit (Indoor and Outdoor) and two Passport Size Photographs to the Department of Tourism as per prescribed checklist prior to registration of my unit as a Travel Agency / Tour Operator.

Now as per J&K Registration of Tourist Trade Act 1978/82/2011-12, before my case is processed for registration by the Competent Authority, the matter is hereby notified for information of the general public, financial institutions/banks/organizations, etc. for objection, if any. The same should reach the Deputy Director, Tourism Registration (email id: ddtreg123@gmail.com) within a period of 07 days from the publication of this notice in leading local newspaper/newspapers of the valley. No objections beyond the stipulated period shall be entertained.

Email:-telkmrzone@jkpolice.gov.in

Phone No.(office) 0194-2452698 (Fax) 0194-2506526



PUBLIC NOTICE

Shouket Qutub Shah S/O Qutub-U-Din Shah R/O Kalsoona Tehsil Vilgam District Kupwara working as ASI/Telecom in J&K Police Telecommunication under No.1674/PW (Tel-984426) has represented for correction in his name and parentage recorded as Showkat Qutub Shah S/O Qutub Din Shah in the service records instead of Shouket Qutub Shah S/O Qutub-U-Din Shah.

As such, objections if any, in this regard are invited from general public which should reach to this office within the period of (7) Seven day from the date of this publication of this notice.

No. - EST/PF-1674/KZ-2026/8875 Dated: 19/05/2026.

DIPK-1420-26 DT: 19/05/2026

Sr. Superintendent of Police Telecommunication Kashmir.

OFFICE OF THE DISTRICT SHEEP HUSBANDRY OFFICER

NOORBAGH BARAMULLA 193101

E-mail: dshobaramulla-shdk@jk.gov.in

(Establishment Section)

PUBLIC NOTICE

It is hereby notified for the information of the general public and all concerned that Mr. Nizar Ahmad Dar, Ex-Assistant Stockman, has applied for correction of his name in the official service book records from "Nizar Ahmad Dar" to "Nazir Ahmad Dar".

Any person having any objection to the above mentioned name correction may submit the same in writing supported by relevant documentary evidence to the office of undersigned within seven (07) days from the date of publication of this public notice in local dailies.

In case no objection is received within the stipulated period, it shall be presumed that no objection exists, and necessary action for correction of the name in the service records shall be taken in accordance with the rules in force.

Sd/-

(Dr Showkat Ahmad Ahanger)

DIPK-1424-26 DT: 19/05/2026

District Sheep Husbandry Officer Baramulla

WALK-IN-INTERVIEW

A walk-in-interview for selection of 01 Head Mistress, 02 Teachers and 01 Aaya for a period of 11 months purely on temporary/contractual basis for CRPF, Kashmir Montessori School of GC, CRPF, Srinagar, will be held at Group Centre, CRPF Srinagar, Humhama Srinagar on 28/05/2026 at 1200 hrs. Qualification and other details for the post of Head Mistress/Teacher are as under:-

1. Must be matriculate and above with Nursery training diploma from a recognized training institution.
- OR
2. JBT/Trained graduates/Trained-post-graduates.
3. On selection, Honorarium will be paid to teacher as decided by Managing Committee from time to time.
4. The eligible candidates should bring one set Xerox attested educational certificates, original certificates and latest passport size photographs.
5. No TA will be admissible/paid for walk-in-interview.

Date: 18/05/2026 Place: Srinagar

Sd/ (Chhote Lal) Commandant Public Relation Officer HQ Srinagar Sector CRPF

NorthEast United end ISL campaign with win over relegated Mohammedan Sporting

AGENCIES

GUWAHATI: NorthEast United FC finished their Indian Super League campaign on a high after clinching a 2-0 win against relegated Mohammedan Sporting Club here on Tuesday.

Jairo Samperio and Dinesh Singh Soraisham found the net for the Highlanders, who climbed one place to ninth in the table and concluded their campaign with 16 points. Mohammedan SC, who had their relegation confirmed earlier in the season, finished at the bottom of the standings with three points, ending their campaign without a win.

Mohammedan created the first notable opening in the 13th minute. Thokchom Adison Singh made a darting run down the right flank before cutting inside the box and shooting low at the near post. However, the effort took a deflection, allowing NorthEast goalkeeper Dipesh Chauhan to gather comfortably.

NorthEast took the lead in the 19th minute following sustained pressure around the Mohammedan Sporting penalty area. Jithin delivered an inswinging corner towards the near post, and Jairo got there first, directing a header across goal and into the far corner, leaving Nikhil Deka with no chance.

Adison remained a threat for Mohammedan Sporting and nearly responded in the 26th minute after being released by an excellent through ball from Makan Chothe. The winger carried the ball into the box under pressure before cutting inside and attempting a curling effort, but failed to hit the target.

Jairo almost doubled his tally in the 39th minute.



NorthEast captain Ngasepam Tondonba Singh floated an inch-perfect cross towards the far post, where Jairo met it with a header. This time, however, his effort clipped the outside of the post and went out of play.

In the first-half additional time, Andres Jose Rodriguez Gaitan came inches away from doubling the lead with a free-kick that took the slightest touch from Deka before clipping the crossbar and going behind for a corner.

NorthEast capitalised from the resulting set-piece moments later through a well-worked short-corner routine. Gaitan laid the ball off for Dinesh, whose strike from outside the box took a deflection before finding the back of the net. Dinesh then produced a wholehearted celebration with head coach Juan Pedro Benali on the touchline after scoring his first ISL goal.

The Highlanders went into the break firmly in control. Mohammedan edged the possession statistics in the first half but could not translate that into meaningful openings in the attacking third.

NorthEast continued to play on the front foot after the restart despite holding

a two-goal advantage. The hosts nearly added a third in the 50th minute when Jithin weaved through a crowded area before poking the ball to Gaitan at the edge of the box.

The Spaniard spread it to Thoi Singh Huidrom on the right, but the latter struck the side-netting with his low effort. Robin Yadav also came close later in the half, only to hit the side-netting from a promising position.

NorthEast missed another big opportunity in the 63rd minute. A cross from the right was met by Jairo on the left side of the Mohammedan goal. Instead of going for goal himself, he headed the ball across to an unmarked Gaitan at the far post, but the midfielder blazed his effort over the bar from close range.

Jairo had one final chance in the 88th minute after receiving the ball at the edge of the box under pressure. Forced to shoot quickly with his weaker foot, the forward managed to keep the effort on target, but it lacked power, and Deka collected comfortably.

NorthEast comfortably saw out the closing stages to sign off their campaign with a confident home victory.

It is just a start and I know people will talk about me: Sooryavanshi

AGENCIES

JAIPUR: He is all of 15 but Vaibhav Sooryavanshi knows that if he plays long enough, he will be showered with accolades, something that should not make him waver from his pursuit of excellence.

After scoring 38-ball-93 in a seven-wicket victory over Lucknow Super Giants, which put Rajasthan Royals just one win away from the IPL play-offs, Sooryavanshi seemed very calm about all the hype surrounding him.

"I don't read papers and all," he said smilingly when asked if he reads what all is written about him.

"I just think this is the start and if I have a long career then a lot of things will be said. I just want to focus on my game and complete journey," said the teenage prodigy, who has now amassed 574 run in



this edition.

On the day, he scored only 11 off the first 12 balls that he faced but then completed his 50 off just 23 balls.

"I was sitting while bowling and the wicket looked good, I didn't want

to rush and take my time. I knew that was going to help the other batter too. I always knew I could hit anytime and didn't want to rush at all."

He has various kind of celebrations for every milestone but there is nothing

that he does consciously.

"Even I don't know what that was, even the last game's celebration didn't mean anything. I just keep trying new things."

About the last game on Sunday, Sooryavanshi said: "We just want to focus on

the last game and enjoy it, and we want to win."

His skipper Yashasvi Jaiswal was all praise for his young opening partner.

"The way Vaibhav batted, he absolutely killed the game. I wanted to play good cricketing shots and get the momentum. Vaibhav and I said one of us should play till the end and he killed the game."

Pant's slip of tongue

Rishabh Pant seemed to be lost for strategy and also words after yet another humiliating defeat.

"I'm proud of the team regardless. It doesn't take away the fact that we're a f***ing good team," Pant said. Despite a shoddy performance, he backed his bowlers.

"You always want to back your bowlers but it's hard. On a wicket like this it's hard, and too many suggestions also doesn't work."

Southampton expelled from English 2nd-division playoff final for spying on opponents

AGENCIES



AGENCIES

LONDON: Southampton was expelled from the Championship playoffs on Tuesday after admitting to repeatedly spying on opponents.

The English Football League reinstated Middlesbrough to play in the Wembley final — the richest game in soccer — against Hull City on Saturday. The winner gets promoted to the Premier League.

Southampton was charged earlier this month

for a breach of league regulations, accused of the unauthorized filming of Middlesbrough's practice sessions ahead of their semifinal. It went on to win the two-legged tie to go within one game of promotion to the top flight.

The league said the southcoast club had subsequently admitted further breaches this season concerning games against Oxford United and Ipswich. It was also deducted four points for next season.

Chanmari FC salvage 2-2 draw against Rajasthan United FC

AGENCIES

KALYANI: Chanmari FC scored twice in stoppage time to salvage a dramatic 2-2 draw against Rajasthan United FC in their final Indian Football League Championship Phase fixture here on Tuesday.

Rajasthan appeared set to secure their first win of the Championship Phase after establishing a two-goal lead through Gerard Artigas and Thomyo L. Shimray but Chanmari produced a late comeback through Lalruatsanga in stoppage time before substitute Michael Lalbiaktsanga struck a dramatic equaliser in the 98th minute to earn a point.

Rajasthan will finish the season fourth with 18 points, while Chanmari are provisionally fifth with 15 points.

Around the 25th minute, Rajasthan took the lead following a defensive lapse. Goalkeeper Zothanmawia was caught off his line after a misplaced back pass from defender

Zothanpuia, allowing forward Artigas to capitalise and finish calmly from distance.

Rajasthan nearly doubled the advantage moments later, but Zothanpuia recovered well to block another effort from the Spaniard.

Chanmari continued to threaten on transitions, with Jota creating problems from wide areas. However, Rajasthan struck again near half-time. Midfielder Kiatalua Tadeu Emous (Norberto) threaded a precise through ball, after winning the ball, into the path of Thomyo on the right.

The winger rounded the goalkeeper before finishing from a tight angle to give Rajasthan a 2-0 lead in the 41st minute.

Chanmari started the second half with urgency and believed they had reduced the deficit inside the opening five minutes. Midfielder Joel Lalramengmawia struck from distance after a scramble inside the box, but the effort was ruled

out for offside as the ball travelled through the legs of Lalruatsanga.

The Mizoram-based side continued to push forward. Jota combined well with substitute Pedro Lucas Silva (Pepe), while Lalruatsanga repeatedly troubled the Rajasthan defence down the right flank.

Goalkeeper Dinesh produced a pair of important saves around the 67th and 68th minutes to deny Jota and C. Lalruatsanga.

Chanmari came close again in the 70th minute when Jota surged into the area and slipped the ball through the legs of captain Novin Gurung before shooting, but Rajasthan defenders managed to clear the danger off the line.

The breakthrough finally arrived in stoppage time. In the 92nd minute, a lofted delivery from the right found Lalruatsanga, who guided the ball into the net with his chest to reduce the deficit to 2-1.

Switzerland picks fit-again forward Zeki Amdouni in World Cup squad led by Granit Xhaka



AGENCIES

BERN: Switzerland forward Zeki Amdouni was picked in the World Cup squad Tuesday with less than one hour of playing time all season after a serious knee injury.

Amdouni's appearance at Arsenal on Monday as a late substitute for Burnley was just his third game off the bench this month since recovering from an ACL rupture last July.

A solid record of 11 goals in 27 national-team games helped Amdouni earn a place in Switzerland coach Murat Yakin's 26-man squad that should be favored in a group with co-host Canada, 2022 host Qatar and Bosnia-Herzegovina.

The 26 names were revealed over two days in a social media campaign, with fans invited to find them hidden in a series of photographs of Swiss residents at their workplaces.

Granit Xhaka will lead the team as captain at what is the 33-year-old

former Arsenal and Bayer Leverkusen midfielder's fourth straight World Cup to extend his national record of 144 games.

Yakin made surprise picks with attacking options Christian Fassnacht and Cedric Itten, who each played just a handful of minutes for Switzerland since 2023.

Fassnacht, the 18-goal top scorer in the national league this season, and his Young Boys teammate, goalkeeper Marvin Keller, are the only players selected from clubs in Switzerland. Swiss champion Thun is not represented.

Inter Milan defender Manuel Akanji just won a Serie A title and Johan Manzambi will play for Freiburg in the Europa League final Wednesday against Aston Villa.

Manzambi made an instant impact against World Cup co-hosts in the United States last June. The 20-year-old prospect debuted in a 4-2 win over Mexico then scored in a 4-0 rout of the U.S.

Switzerland
Goalkeepers: Gregor Kobel (Borussia Dortmund), Yvon Mvogo (Lorient), Marvin Keller (Young Boys)

Defenders: Manuel Akanji (Inter Milan), Nico Elvedi (Borussia Mönchengladbach), Ricardo Rodriguez (Real Betis), Silvan Widmer (Mainz), Miro Muheim (Hamburger SV), Aurèle Amenda (Eintracht Frankfurt), Eray Cömert (Valencia), Luca Jaquez (Stuttgart)

Midfielders: Granit Xhaka (Sunderland), Johan Manzambi (Freiburg), Remo Freuler (Bologna), Denis Zakaria (Monaco), Ardon Jashari (AC Milan), Djibril Sow (Sevilla), Christian Fassnacht (Young Boys), Michel Aebischer (Pisa), Fabian Rieder (Augsburg), Rubén Vargas (Sevilla)

Forwards: Breel Embolo (Rennes), Noah Okafor (Leeds), Dan Ndoye (Nottingham Forest), Zeki Amdouni (Burnley), Cedric Itten (Fortuna Dusseldorf).

Movie Schedule

Wednesday, 20th May

BHOOTH BANGLA (U/A16+)
Hindi - 10:45 AM, 02:30 PM

Michael (U/A 13+)
English with English Subtitles
11:45 AM, 06:25 PM

Dhurandhar: The Revenge (A)
Hindi - 02:00 PM

WAR OF SHERA (U/A 16+)
PUNJABI WITH ENGLISH SUBTITLES
06:00 PM

PATI PATNI AUR WOH DO (UA16+)
Hindi Atmos - 11:15 AM, 01:45 PM, 04:15 PM, 06:45 PM






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