

Good Morning

Kashmir

16th
Year Of Publication



On Air Force Day, greetings to all @IAF_MCC personnel & their families. The courage, precision & professionalism displayed by our air warriors in every mission is truly exemplary. Whole nation salutes their selfless service in safeguarding our skies & aiding humanitarian efforts.

Srinagar • Thursday 09, October 2025 • Vol: 16 • Issue No: 232 • Pages: 08 • Price: ₹ 1/- (Air Surcharge for Delhi, Jammu & Ladakh 50/- Paisa) RNI No. JKENG/2010/36998

Colleges Reopen In Leh

After Two Weeks, LG Orders

Lifting Of Other Curbs



AGENCIES

LEH: Colleges across Leh district opened on Wednesday, after remaining closed for two weeks following the September 24 violence, officials said.

Ladakh Lt Governor Kavinder Gupta chaired a security review meeting and ordered lifting of other restrictions to restore complete normalcy in the Union territory, they said.

All colleges reopened on Wednesday morning after remaining closed since September 24, when Leh was rocked by widespread violence during an agitation spearheaded by Leh Apex Body and Kargil Democratic Alliance for statehood and extension of Sixth Schedule safeguards for Ladakh.

The violence left four persons dead and scores injured. The authorities reopened schools up to class

eight on October 3 and later up to class 12 as the situation improved.

However, mobile internet services remain suspended. They are likely to be restored within the next couple of days, the officials said.

Prohibitory orders under Section 163 of the Bharatiya Nagarik Suraksha Sanhita (BNSS) Act, banning assembly of five or more persons, are likely to continue for the time being, they said.

During the security review meeting chaired by LG Gupta, officers briefed him about the latest developments, including the phased reopening of schools, colleges, markets, and other public institutions across Ladakh.

Expressing satisfaction over the gradual return of normalcy, Gupta lauded the resilience, maturity and cooperation of the people of Ladakh in maintaining peace and harmony. **●P-06**

Amit Shah To Chair High Level J&K

Security Review Meeting In Delhi Today

Meet Likely To Focus On Anti-Terror Ops, Infiltration Control, Winter Readiness



AGENCIES

NEW DELHI: Union Home Minister Amit Shah will chair a high-level meeting in New Delhi on Thursday to review the security situation in Jammu and Kashmir.

Sources said that Lieutenant Governor Manoj Sinha, Chief Secretary Atal Duloo, top officials from the Ministry of Home Affairs, Intelligence Bureau, Army, paramilitary forces, including CRPF and BSF, and Jammu & Kashmir Police are expected to attend the meeting.

The meeting chaired by the Home Minister, sources said, "will hold discussions on counter infiltration, anti-terror operations, winter preparedness and steps needed to enhance synergy between security agencies."

Pertinently, the Union Home Minister during his visit to Jammu last month chaired a comprehensive security review meeting and reiterated the Central Government's unwavering zero-tolerance policy against terrorism under the leadership of Prime Minister Narendra Modi.

Shah had directed all security agencies to maintain high vigil and operate in a coordinated manner to completely eradicate terrorism from the Union Territory.

Shah had praised the UT administration and security forces for their exemplary efforts in ensuring the peaceful and successful conduct of the Amarnath Yatra 2025.

It may be recalled that in the last week **●P-06**

'Op Sindoor' Exhibited How Air

Power Can Influence Military

Outcomes: Air Chief Marshal

AGENCIES

SRINAGAR: Chief of Air Staff, Air Chief Marshal AP Singh on Wednesday said that 'Operation Sindoor' demonstrated how air power, when applied with precision and planning, can influence military outcomes in a short span of time.

Addressing air warriors at the 93rd Indian Air Force Day celebrations at Hindon Air Base, the Air Chief Marshal, said, "Disciplined operations, empowered leadership, and indigenous technology enabled rapid, high-impact action across the Line of Control (LoC)."

"Our performance in Operation Sindoor fills us with professional pride. We proved to the world how air power can be effectively used in shaping military outcomes in just a few days," he added.

Pertinently, 'Operation Sindoor,' launched **●P-06**

J&K BOSE Notifies

Date-Sheet For

Class 11, 12

GMK NEWS NETWORK

SRINAGAR: The Jammu and Kashmir Board of School Education (J&K BOSE) has notified the date-sheets for 11th and 12th classes Annual/Regular, 2025 (Oct-Nov Session), scheduling the examinations from November 19 and November 8 respectively.

In all, over 1,52,000 students of class 11th (81,000) and 12th (71,000) from Kashmir Division and winter zone areas of Jammu Division including students from District Kargil are taking up the exam in the forthcoming session restored by the Government back to October-November.

As per the Date-sheet, the exams will commence on November 8 for class 12th and November 19 for class 11th and are likely to conclude by second week of December.

In consideration of the disruptions in the academic calendar caused due to torrential rains/cloudbursts and floods, the J&K BOSE has decided to grant 15% concession for these classes also making attempt of 85% marks equivalent to 100%.

The J&K **●P-06**

2 Soldiers Go Missing In Kokernag

Forests, Searches Operation On



UMAISAR GULL GANIE

ANANTNAG: Two Army soldiers have gone missing in the Ahlan Gadole forest belt of Kokernag area in south Kashmir's Anantnag district, prompting a massive search operation by security forces.

Official sources said that the two soldiers went missing on Monday evening during an operation in the dense forests of Ahlan Gadole. "Contact with them could not be established since last evening," they said.

"The missing soldiers were part of a small operational

team that was carrying out searches following specific inputs about the presence of terrorists in the area," sources said, adding, "A sudden change in weather conditions disrupted the operation, and during that time, two soldiers went missing."

The area has recently witnessed snowfall, and the thick foliage and rough terrain are making the search operation difficult.

Sources said additional Army personnel have been deployed, and every corner of the forest is being combed. "Choppers and **●P-06**

SIA Raids Multiple Locations To

Dismantle Terror Sleeper Cell Network

GMK NEWS NETWORK

SRINAGAR: In continuation of its unrelenting efforts to crack-down the sleeper cell module, the State Investigation Agency carried out extensive searches at eight locations across seven districts in the Kashmir valley Wednesday.

In a statement, issued, a spokesperson said that the searches were conducted as part of an ongoing investigation of case FIR No.

"01/2025 of Police Station CI/ SIA Kashmir. The case is related to the sleeper cell module operating in the Valley at the behest of terrorist commanders of proscribed terrorist organisations of Lashkar-e-Taiba and Jaish-e-Mohammad. The module is used for spreading secessionist propaganda thereby radicalising and recruiting the youth into the terror fold," reads the statement.



It reads that Wednesday's search operation was conducted simultaneously across 7 districts in north, central and south Kashmir. "During raids, substantial incriminating materials have been seized, and the suspects have been rounded up for further questioning," it reads.

It added that preliminary investigation has clearly

Police Conduct Raids

At Residences Of

Hurriyat, JeI Affiliates



AGENCIES

SRINAGAR: In North Kashmir, Handwara Police conducted targeted searches at the residences of individuals associated with proscribed organisations Hurriyat and Jamaat-e-Islami (JeI).

Officials said the searches were carried out at the residence of Ghulam Hassan Khan, son of Habibullah Khan, resident of Maidan Chogol, associated with the banned Hurriyat Conference, and at the residence of Abdul Ahad Lone, son of Abdul Aziz Lone, resident of Wahipora, associated with the proscribed JeI outfit.

Police sources said the searches were conducted as part **●P-06**

Omar Harmed Innocent Kashmiris

During His Rule: LoP Sharma

AGENCIES

SRINAGAR: Leader of the Opposition (LOP) Sunil Sharma on Wednesday challenged Chief Minister Omar Abdullah to name any BJP leader who 'offered' to form a government with the National Conference, if there is any truth to his claims that he had the option of forming a government with the party.

Addressing a news conference, Sharma demanded that the Chief Minister identify the BJP leader who made such an offer, if there is even an iota of truth in his claims.

"Omar Abdullah is claiming everywhere that he had two options in 2024: either to form a government or to run it alone. I don't know in which dream the BJP offered an alliance to his party. I say this with full responsibility: if any BJP leader made such an offer, he should prove it and reveal it. He is resorting to concocted stories, claiming he had the option to form a government. The BJP's



doors were shut to him then, and they remain shut now," Sharma said.

He added that Omar Abdullah should either prove the BJP offered him an alliance or apologise for making misleading statements.

"On one hand, Chief Minister Omar Abdullah is creating hatred against the BJP in Kashmir, while on the other, he is meeting our leaders and offering bouquets and shawls to them in Delhi," Sharma said, adding that Abdullah's statements reek of political indecency.

Referring to Omar Abdullah's recent **●P-06**

100-120 Terrorists Believed To Be

Near LoC Launch Pads: IG BSF

SAJID RAINA

SRINAGAR: The Border Security Force (BSF) on Wednesday said approximately 100 to 120 terrorists are currently stationed across the Line of Control (LoC) and may attempt infiltration before winter sets in.

"Two months are still left before harsh winters. Terrorists can try infiltration during this period. Our intelligence agencies are analysing their activities and we are taking countermeasures from our side," Inspector General (IG) BSF Kashmir Frontier, Ashok Yadav said.

Speaking to the media after unveiling a statue of Sardar Vallabhbhai Patel at the BSF Sector Headquarters in Pantha Chowk, Srinagar, Yadav said the security along



the Line of Control (LoC) in Kashmir remains tight, with constant monitoring and countermeasures in place to prevent any infiltration attempts by terrorists stationed across the border.

The IG BSF, Ashok Yadav, said troops are maintaining high alert and are equipped with modern surveillance

systems to detect and neutralise any infiltration attempts.

"We remain alert along the border and act on every alert. We receive frequent intelligence about attempted infiltrations and keep the area under domination to ensure infiltration does not succeed," he said.

He said any infiltration attempt is being responded to with force. "With our modernised forces, if any attempt is made, we will neutralise it," he added.

The IG BSF said there has been no major terrorist infiltration so far this year, and all attempts have been foiled. The BSF, along with the Army, is conducting continuous area domination and surveillance along the LoC, he said.

"BSF personnel are always on alert with the Army on the LoC. We have many intelligence inputs that terrorists are ready across the LoC at launching pads for infiltration," he said.

The IG said the BSF and other security forces are using the latest technology to monitor **●P-06**

Dy. CM conducts extensive tour of Lasjan-Sumerbugh areas

Takes on-spot assessment of road infrastructure, other projects

GMK NEWS NETWORK

SRINAGAR: Deputy Chief Minister, Surinder Choudhary Wednesday conducted an extensive tour of the Lasjan-Sumerbugh area and took stock of various public issues in these areas.

MLA Chadoora, Ali Mohammad Dar, Chief Engineer R&B, senior officers of PW (R&B) department and other officers also accompanied the Deputy CM during the tour.

During the visit, the Deputy Chief Minister interacted with several public delegations who apprised him of various local issues related to road connectivity and infrastructure.

He directed the Chief Engineer to immediately start work on the Lasjan-Kadlabal road, which is being upgraded at an estimated cost of ₹11 crores by



way of the rigid pavement.

Deputy Chief Minister directed the concerned officers to complete the pending work by November ending so that the road can be dedicated for general public use by December.

He further instructed the concerned officers to ensure the timely completion of the Seer-Sumerbugh bridge by 15th December.

Deputy Chief Minister reiterated the government's commitment to strengthening road infrastructure and ensuring time-bound completion of all ongoing developmental projects for the convenience of the public.

He also inspected the ongoing macadamization at Wanabal-Nowgan road and instructed the concerned XEN to check the standard of material to maintain the quality of road.

Div Com reviews Progress on Comprehensive Sewerage Scheme of Greater Srinagar

GMK NEWS NETWORK

SRINAGAR: Divisional Commissioner Kashmir, Anshul Garg, chaired a high-level meeting to review the progress of the Comprehensive Sewerage

system shall be started on 16th October 2025, which would cover 2 out of the 3 zones of the city being taken up under the Project targeting a coverage of over 13000 households in all.



Scheme - Zone III of Greater Srinagar.

The meeting was attended by the Commissioner, Srinagar Municipal Corporation (SMC); Additional Deputy Commissioner Srinagar; Chief Engineer, KPDCL; Superintending Engineer, UEED; along with officers from R&B, NBCC, and the Revenue Department.

During the meeting, officials from NBCC presented a detailed status report on the project. It was informed that Trunk Sewer Line is 99% complete, Lateral Sewer Line is 100% completed, 60 MLD STP is 98% complete, Household connections have been fully achieved and 60 MLD Infall Pump Station is 100% complete.

It was directed that trial runs of the completed

The meeting also discussed key challenges affecting the project, including the relocation of shops, realignment of PHE lines, and shifting of 11KV and 33KV power lines.

Emphasizing timely completion, the Divisional Commissioner called for swift resolution of all outstanding issues, including those hindering household connectivity. He also instructed the concerned departments to explore suitable land for the relocation of shops, which is essential for linking Sector-I to the main sewerage network.

The Div Com directed all executing agencies to ensure that the entire segment of the project is commissioned as per the scheduled timeline.

Sakeena Itoo addresses White Coat wearing ceremony of new MBBS batch at GMC



GMK NEWS NETWORK

SRINAGAR: Minister for Health and Medical Education, Social Welfare and Education, Sakeena Itoo Wednesday addressed the White Coat (apron) wearing ceremony of new MBBS batch at Government Medical College Srinagar and formally welcomed the students.

Secretary Health and Medical Education, Dr. Syed Abid Rasheed Shah; Principal GMC Srinagar, faculty members of the college and large number of students were present on the occasion.

Addressing the gathering, Minister Sakeena congratulated the fresh batch of students for securing admission to one of the oldest and most reputed medical institutions of J&K. She underlined that pursuing medicine is not merely an academic journey but a lifelong commitment to serve humanity with compassion, integrity, and professionalism.

"The medical profession is built on trust and empathy. As future doctors, your

duty extends beyond treating diseases", she stated.

The Minister urged the students to blend scientific excellence with ethical responsibility, reminding them that medicine is both an art and a science.

Highlighting the government's continued focus on strengthening healthcare infrastructure and medical education, the Minister noted that GMC Srinagar has played a pivotal role in shaping the healthcare landscape of Jammu and Kashmir. She assured full government support for ongoing projects aimed at upgrading teaching, research, and hospital facilities.

Secretary Health and Medical Education in his address spoke about importance of medical profession, ethics and emerging sciences and urged upon students to become best physicians.

Principal GMC Srinagar, Dr. Iffat Hassan in her speech touched various aspects of college including its origin and journey of becoming one of the major Medical colleges in J&K.

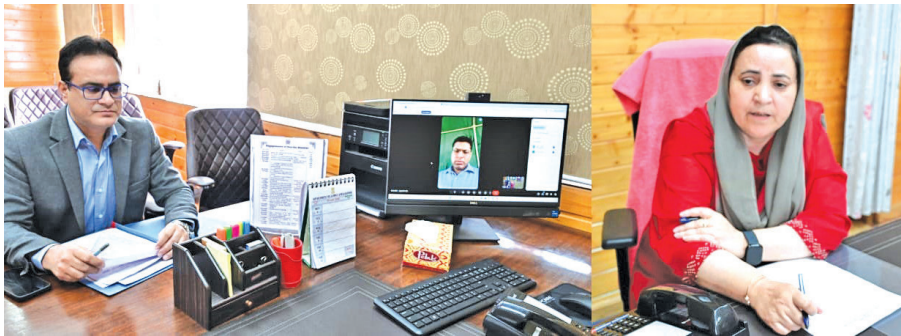
Sakeena Itoo reviews progress on recruitments in Health, Education departments

GMK NEWS NETWORK

SRINAGAR: Minister for Health and Medical Education, Sakeena Itoo Wednesday reviewed the ongoing process of recruitments in the Health and Medical Education, Social Welfare and Education departments, emphasizing the need for expediting appointments to ensure better service delivery at the grassroots level.

Chairing a review meeting with senior officers of Jammu and Kashmir Service Selection Board (JKSSB), the Minister underlined the importance of strengthening key public service sectors, particularly health, which continues to play a critical role in community welfare. She expressed concern over the delay in filling vacant posts and directed that all procedural bottlenecks be addressed on priority to ensure timely recruitment.

"The health sector is directly linked to the



well-being of our people. Timely filling of medical, paramedical, and support staff positions is essential for improving patient care and reducing the workload on existing employees," Minister Sakeena maintained.

The Minister also took stock of vacancies in the Education department, stressing that schools, especially in rural and far-flung areas, must not suffer due to staff shortages. She called for a transparent and merit-based recruitment process to ensure deserving candidates are

given fair opportunities.

The Minister urged the concerned authorities to maintain coordination between recruiting agencies and departments to avoid unnecessary delays. She reiterated her commitment to ensuring that both the health and education sectors receive focused attention, noting that these are the pillars of a progressive and inclusive society.

"The youth of Jammu and Kashmir are our strength. Creating employment opportunities through timely and trans-

parent recruitment will not only strengthen institutions but also restore faith in governance," the Minister stated.

While reviewing status of recruitments in Social Welfare department, Sakeena Itoo underscored the need for regular monitoring and inter-departmental coordination to avoid procedural delays. She called upon officials to submit detailed status reports on vacancies, selection progress, and appointment timelines to ensure continuous oversight.

Javid Dar inaugurates International Geospatial Conference at IUST



GMK NEWS NETWORK

AWANTIPORA: Minister for Agriculture, Rural Development, Panchayati Raj and Cooperatives, Javid Ahmad Dar, Wednesday inaugurated the International Conference on "Mapping the Future of Sustainable Landscapes: Geospatial Innovation for People, Places and Practices" at Islamic University of Science and Technology (IUST) here.

The two day Conference organized by IUST in collaboration with the International Society for Photogrammetry and Remote Sensing (ISPRS) brings together global experts, academicians and policymakers to deliberate on the role of geospatial technologies in advancing sustainable development.

In his inaugural address, the Minister emphasized that the conference holds great relevance for the agriculture and horticulture sectors of Jammu & Kashmir, where geospatial innovations can help enhance productivity, resource management, and ecosystem conservation. He reiterated the J&K Government's commitment to sustainable and technology-driven development, underscoring that science, innovation, and community participation must

work together to address emerging environmental challenges.

Vice Chancellor, Prof. Shakil Ahmad Romshoo in his address highlighted IUST's contributions to geospatial research and innovation and announced the establishment of a new incubator to develop a student-led "Kashmir Satellite" under the National 75 Student Satellite Mission.

The conference featured plenary sessions, technical presentations, and expert interactions focused on leveraging geospatial innovation for sustainability, resilience, and smart governance.

Dr. Christian Heipke (Professor, Former President, ISPRS), Dr. Lena Halounova (President, ISPRS), Dr. Kohei Cho (General Secretary, Asian Association of Remote Sensing, Tokyo), and Dr. Shailesh Nayak (Director, National Institute of Advanced Studies, India), Prof. Ravindra Nath, Vice Chancellor, Central University of Kashmir, Prof. Anjana Vyas, Chairperson ICWG V4V, ISPRS, Prof. A. M. Moon, Dean Academic Affairs, Dr. Tariq Abdullah, Head, Dept. Of Geomatics and Dr. Jasia Bashir, Assistant Professor, Geomatics were present on the occasion.

Javid Dar inaugurates SARAS Mela at Srinagar

GMK NEWS NETWORK

SRINAGAR: Minister for Agriculture Production, Rural Development, Panchayati Raj, Cooperative and Election Departments, Javid Ahmad Dar, Wednesday inaugurated the SARAS Mela at Sher-e-Kashmir Park, Srinagar, showcasing the best of crafts and products by rural women Self-Help Groups (SHGs) from across the country.

MD JKRLM Dr. Shubhra Sharma; Additional Mission Director JKRLM

growth.

The Minister also announced that J&K Bank has sanctioned 100 crore to 2,673 SHGs, marking a significant step toward promoting self-employment and women-led enterprises in rural areas.

The Minister also inspected stalls, interacted with artisans, and appreciated their creativity and entrepreneurial spirit.

Organised by the J&K Rural Livelihoods Mission (JKRLM) under the Department of Rural



Kashmir, Mohammad Imran Khan; General Manager J&K Bank Rakesh Magotra; representatives from NABARD and Gramen Bank were also present on the occasion.

Speaking on the occasion, the Minister said that the SARAS Mela provides a vital platform for rural women entrepreneurs to exhibit their skills, expand market linkages, and strengthen livelihood opportunities. He added that such initiatives embody the Government's vision of empowering SHGs and promoting rural entrepreneurship as key drivers of inclusive

Development & Panchayati Raj, the 11-day Mela features over 200 SHG women from 13 States, along with stalls from all districts of J&K. The fair showcases a diverse range of handicrafts, handloom products, and regional cuisines, celebrating India's rich art and culture and business skills of SHG women.

The event also includes workshops aimed at enhancing marketing and business skills of SHG women.

The Mela will continue till October 14 and will be open daily from 10 AM to 7 PM, with free public entry.

PIB J&K Media Delegation Visits Mumbai Film City

GMK NEWS NETWORK

MUMBAI: On the third day of the ongoing PIB J&K Media Tour to Mumbai, the delegation of journalists from Jammu and Kashmir visited the Dadasaheb Phalke Chitranagri (Film City) in Goregaon. The visit aimed to familiarize media persons with the creative and technical aspects of filmmaking and the functioning of India's film industry.

The visit was facilitated by officials from the Maharashtra Film, Stage and Cultural Development Corporation Limited, with coordination by PIB Mumbai, ensuring that the delegation witnessed multiple shooting locations within the sprawling 520-acre Film City premises, a space synonymous with India's cinematic excellence.

The media team visited sets of popular national and regional films and television



serials, and interacted with technicians and artists to gain insights into various aspects of film production and shooting. The delegation also visited Whistling Woods International Institute, located within the Film City complex, where they toured VFX studios and learned about emerging technologies in film production.

Following the Film City visit, the delegation toured Whistling Woods Interna-

tional, where they were introduced to advanced studios and editing facilities equipped with modern technology. The senior officials of the institute briefed the team about the growing use of virtual production technologies, which have significantly reduced the need for outdoor shooting and streamlined the filmmaking process.

Speaking about the visit, Ms. Neha Jalali, Director, PIB

Jammu, said, "The Film City visit provided an invaluable opportunity for our media colleagues from Jammu and Kashmir to understand the evolution of Indian cinema, the new technologies shaping the industry, and the immense creative possibilities that lie within visual storytelling. Such exposure deepens their perspective on how media, culture, and technology intersect to influence contemporary narratives."

Sriyanka Chatterjee, Media and Communication Officer, PIB Mumbai, also accompanied the group.

The ongoing five-day PIB J&K Media Tour to Mumbai aims to provide journalists from Jammu and Kashmir with experiential learning through visits to national institutions and key cultural, civic, and infrastructural establishments, thereby fostering stronger professional and cultural linkages.

GOVERNMENT OF JAMMU AND KASHMIR

JAMMU AND KASHMIR SERVICES SELECTION BOARD (JKSSB)

MUTHI, AKHNOOR ROAD, JAMMU/ZAM ZAM COMPLEX, RAMBAGH, SRINAGAR WWW.JKSSB.NIC.IN

Subject: Document Verification of candidates falling under consideration zone for the various posts for which the OMR based written examination was held on 29-06-2025 - Supplementary Document Verification thereof.

NOTIFICATION

All such candidates who are falling under consideration zone and were called for Document Verification for the following posts, vide Notification No. JKSSB-COE0EXAM(UT)/23/2025-03 (7699962) dated: 24-09-2025 & JKSSB-COE0EXAM(UT)/23/2025-03 (7699962) dated: 26-09-2025, but could not appear before the Document Verification Committee(s) on 29-09-2025, due to various reasons, are hereby given last and final opportunity to appear before the Document Verification Committee on 13-10-2025 (Monday) from 11 AM to 04.30 PM at JKSSB, Central Office, Muthi, Akhnoor Road, Jammu (Jammu Centre Based Candidates) and at JKSSB, Central Office, Zam Zam Complex, Rambagh, Srinagar (Kashmir Centre Based Candidates), failing which no further claims in this regard shall be entertained at any stage.

S. No.	Name of the Post	Advertisement No.	Item No.
1	Foreman	01 of 2021	27
2	Laboratory Technician	01 of 2021	28
3	Laboratory Technician		66
4	Assistant Programmer	04 of 2020	96
5	Gardener	04 of 2025	08
6	Gardener		09
7	Farash		10
8	Traffic Orderly		11
9	Multi-Tasking Staff (MTS)		12
10	Masalchi		13
11	Khansama-III		14

No.: JKSSB-COE0EXAM(UT)/23/2025-03 (7699962)
Dated: 07-10-2025

DIPK-6969-25
DT: 08/10/2025

Reyaz Ahmad Malik (JKAS)
Controller of Examinations
J&K Services Selection Board

Good Morning
Kashmir

EDITORIAL

The Unchecked Chaos In Medicine Pricing

Medicines — the lifeline for the ailing — have sadly become a commercial commodity in the market of greed. Across pharmacies and medical stores, the same drug is being sold at different prices, exposing the deep-rooted disorder and lack of regulation in this vital sector. What should have been governed by uniformity and ethical responsibility has turned into a free-for-all, where every trader fixes rates at will, leaving the common man helpless.

The irony is that the government has a system of Maximum Retail Price (MRP), but in practice, it remains a paper rule. There is little monitoring, and enforcement agencies appear either toothless or complicit. The absence of price uniformity not only burdens patients financially but also erodes public trust in the medical trade. Essential drugs are not luxury goods to be haggled over — they are a basic human necessity.

The authorities must wake up to this alarming situation. A strong regulatory mechanism is urgently needed to curb arbitrary pricing and bring transparency in billing. Surprise inspections, strict penalties for violators, and digital record monitoring could help restore order.

Health cannot be a profit arena. When medicine becomes business and traders dictate the terms, humanity itself suffers. It's high time the system ensures that life-saving drugs are priced not for the pockets of traders — but for the welfare of the people.

Good Morning
Kashmir

Editor, Owner, Printer, Publisher
Javed Ashraf Shah

Associate Editors
Mir Suhail

Sulaiman Muhammed Shah

Legal Advisor

Bashir Sidiq

Bureau Chief Jammu:

Harbans Nagokay

R.N.I No: JKENG/2010/36998

Regd No: 109555

Office No: 0194-3593724

Email:

goodmorningkashmir@gmail.com

Office Address:

B-11, Budshah Flats, Jehangir

Chowk, Srinagar-190001

Printed at:

Khidmat Offset Printing Press, The Bund, Srinagar

Published From:

Main Bus Stand, Near Masjid Rehmat, Lal Bazar, Srinagar - 190023

Layout Designer
Aijaz Ahmad Dar

■ Health Is The Real Modernity

Why Our Lifestyle Is Taking Us Backward

DR AFTAB JAN

Health and wellness are not luxuries but the foundation of a meaningful life, yet in today's world human beings themselves are destroying their health while calling it "modern living." What is most painful is that people have begun to label dangerous, harmful, and destructive habits as modern and stylish, when in reality they are the exact opposite of advancement. The tea served in plastic cups on roadside stalls, the bottled water that millions consume daily, the dip teas people proudly sip in the name of convenience, and the junk foods that fill the stomachs of young and old alike are all presented as a part of modern culture, but modern science has itself declared that these practices are nothing short of suicide for health.

Every litre of bottled water contains around 240,000 microplastic particles, each invisible to the eye but sharp enough to damage cells, tissues, and vital organs. A single disposable plastic cup used for hot tea releases 25,000 to 100,000 microplastic fragments into one serving, which then enter the stomach and bloodstream. Dip tea bags, especially those made from nylon or PET plastic, shed an astonishing 11 billion microplastic particles and 3 billion nanoplastic particles into just one cup of tea. These are not minor details; they are the bitter reality that every sip is carrying hidden poison. These particles accumulate in the body, disturbing hormones, damaging the liver and kidneys, weakening immunity, and opening the door to cancers, infertility, obesity, heart disease, diabetes, and early aging. Yet society blindly calls this habit modern, ignoring the truth that what they are consuming daily is not tea or water, but liquid mixed with plastic poison.

The food culture of today's generation is no different. Home-cooked meals once considered the foundation of health are being replaced by so-called modern fast foods—burgers, pizzas, fried chicken, instant noodles, processed meat, chips, sweets, and colorful drinks. These items may look attractive and smell tasty, but they contain trans fats, excessive refined sugar, white flour, high sodium, artificial colors, preservatives, and chemical flavors that attack the body from within. Fried snacks and chips produce acrylamide, a dangerous chemical formed when food is cooked



at high temperature, which is proven to increase cancer risk.

Processed meats like sausages, salamis, and kebabs contain nitrates and nitrites, which are directly linked with stomach and colon cancer. Carbonated soft drinks, considered symbols of joy and refreshment, are full of phosphoric acid, caffeine, and aspartame, which weaken bones, drain calcium, increase anxiety, disturb sleep, and harm the nervous system. Energy drinks falsely marketed as performance boosters actually overload the heart, create irregular rhythms, and damage the brain when consumed regularly. Sugary foods and drinks exhaust the pancreas until diabetes develops, while salty and oily foods choke arteries until blood pressure and heart disease follow. Instead of giving strength, these foods trap people in cycles of addiction, laziness, and poor concentration, weakening both the body and the mind.

The result of this so-called modern diet is evident everywhere. Children once full of energy now suffer from obesity, asthma, weak immunity, poor eyesight, and lack of focus. Teenagers and youth, instead of enjoying strong bodies and bright futures, are increasingly diagnosed with depression, hormonal imbalances, infertility, high blood pressure, and early diabetes. Adults collapse with strokes, kidney failure, heart attacks, cancers, and liver disease while still young. Elderly people spend their final years surrounded by medicines, hospital visits, and pain, all because of years of careless eating and plastic use.

Along with this, poor hygiene habits make the situation worse. Eating without washing hands, using dirty utensils, keeping kitchens and toilets unclean, leaving food uncovered, and throwing

waste openly invite infections like cholera, typhoid, hepatitis, diarrhoea, skin infections, tuberculosis, and respiratory illnesses. Flies, dust, and contaminated water spread bacteria and viruses that science proves are the root of 70% of preventable diseases. Antibiotics are overused because of such infections, making bacteria resistant and creating the danger of untreatable diseases. What society calls advancement is in reality a step backward, for true progress is not in adopting harmful practices but in living clean, balanced, and disciplined lives.

Islam already guided humanity centuries ago on how to live with true wellness. The Qur'an says, "Indeed, Allah loves those who turn to Him constantly, and He loves those who purify themselves" (Surah Al-Baqarah 2:222). The Prophet Muhammad said, "Cleanliness is half of faith" (Sahih Muslim), reminding us that hygiene is not an option but a spiritual duty. Another Hadith states: "The son of Adam does not fill any vessel worse than his stomach. It is sufficient for the son of Adam to eat a few mouthfuls to keep him alive" (Sunan Ibn Majah), teaching moderation that science today confirms as the key to preventing obesity, heart disease, and diabetes. What the Prophet taught about washing hands, covering food, eating moderately, avoiding excess, and keeping the environment clean are now proven by modern research as the most effective ways to protect against disease. True modernity is to follow what both divine guidance and modern science agree upon: natural eating, hygiene, moderation, and balance—not plastic cups, junk foods, and chemical drinks.

To restore health and wellness, people must abandon these false modern ways and return to natural, disciplined

living. Plastic bottles and cups must be replaced with steel, glass, or clay. Dip teas must be avoided, and instead herbal teas or traditional boiled tea without plastic bags should be consumed. Junk foods must be rejected, and instead fresh, home-cooked meals with fruits, vegetables, grains, and clean meats should be the daily diet. Children must be trained to drink clean water, wash hands with soap before meals, bathe regularly, brush teeth, trim nails, wear clean clothes, and never share dirty utensils. Kitchens and toilets must be kept spotless to prevent bacteria. Food should always be covered, and water stored in clean containers. Families must reduce fried and processed foods, avoid over-sugary drinks, and replace them with milk, fresh juices, and water. Daily exercise, walking, and sports must become routine for young and old alike. Adequate sleep of 6-8 hours is necessary to repair the brain and prevent stress and anxiety. Mentally, people must also cleanse themselves by reducing useless screen time, avoiding overuse of mobile phones, and instead engaging in meaningful conversations, prayer, and reflection.

The greatest tragedy is that we call destruction modern, but the reality is the opposite. True modernity is when we use knowledge, both divine and scientific, to build lives that are safe, clean, and healthy. Real advancement is not in plastic or junk food but in protecting the body as an amanah (trust) from Allah. Real progress is in raising generations free from disease, not in filling hospitals with patients suffering from lifestyle-related illnesses. A society that continues to use plastics, consume junk foods, ignore hygiene, and embrace harmful habits is not moving forward but backward. The future belongs to those who realize that wellness is not a choice but a necessity, that cleanliness is not optional but half of faith, and that protecting health is protecting life itself. If we truly wish to be modern, we must reject false modernity and embrace the real one—a lifestyle of hygiene, natural foods, moderation, and discipline that gives strength to the body, peace to the mind, and purity to the soul. Only then can we call ourselves advanced, only then will our future generations live free of disease, and only then will we truly achieve health and wellness.

The author can be mailed at jaanaf-taab5@gmail.com

Karwa Chauth: Between Tradition, Love And Patriarchy

A Festival That Oscillates Between Love, Faith And Equality



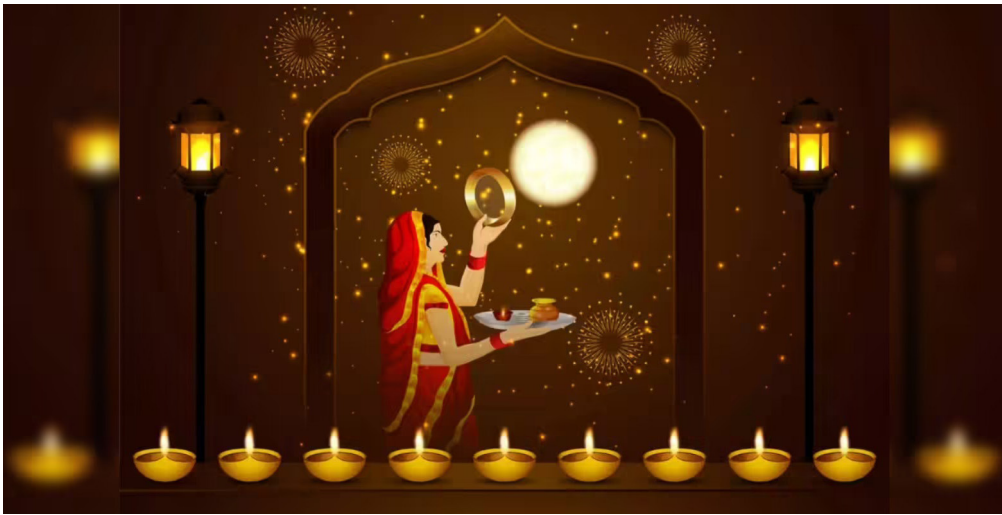
DR. PRIYANKA SAURABH

Every year, on the Chaturthi of the month of Kartik, as the evening sun sets, well-dressed women across India gaze at the moon, adorning plates with lamps, sieves, and karwa (water pots). Red bindis adorn their foreheads, henna on their hands, anticipation in their eyes, and a single question on their lips—"Did the moon rise?" This scene both symbolizes the beauty of Indian culture and reflects its deeply held social meanings.

The Karva Chauth fast is celebrated with great enthusiasm in North India, especially in Punjab, Haryana, Rajasthan, Delhi, Uttar Pradesh, and Bihar. On this day, married women observe a waterless fast from sunrise to moonrise, praying for the long life of their husbands. According to tradition, this fast is observed for the stability of their marital life and the long life of their husbands. After a day of austerity, when the moon rises, the wife breaks the fast by looking at her husband's face through a sieve.

But the question arises whether this fast is just an expression of love and faith or a symbol deeply rooted in the patriarchal roots of society?

In Indian society, a woman's life is linked to her "mar-



riage"—her happiness, her reputation, and even her identity. After marriage, her husband was considered the greatest achievement of her life, and his death was considered a curse. Thus, fasts like Karva Chauth became celebrations of a woman's dedication, sacrifice, and tolerance. But is this a celebration of love or a cultural justification for tying a woman's existence to her husband's age?

When today's educated women observe the Karva Chauth fast, the reasons may not be traditional. For many women, it has become a symbol of love for their husbands, of companionship, and of harmony in their relationships. Many men are also now observing the fast with equal devotion to their wives—a positive change. But it's equally true that Karva Chauth has become a "cultural event"—the more "glamorous" it is portrayed in TV serials, films, and social media, the more deeply its original meaning is being lost.

This fast was once a symbol

of closeness and cooperation among village women. Women would visit each other's homes, fill earthen pots with water, and sing songs like, "It's Karva Chauth's fast, brother, don't forget to bring the Karwa." This festival was an occasion for them to come together, where they would share life's hardships. But now, this fast has become a display of gold pots, expensive jewelry, and designer sarees. Instead of fasting, it's the era of "Insta Reels"—where adornment has become the main objective.

Nevertheless, it's not right to dismiss traditions as mere superstitions. Every culture has its own soul. The spirit behind Karva Chauth—love, devotion, and faith—cannot be ignored. But it's also important to view the tradition from a modern perspective. Today, when we talk about equality, freedom, and mutual respect, this fast should not be one-sided. If a wife fasts for her husband's long life, the husband should equally pray for his wife's happiness, prosperity,

and health—this is true love and equality.

Interestingly, the religious or mythological basis of Karva Chauth is not as clear as the influence of its popular practice. "Karva" means an earthen pot, which symbolized water in ancient India, and "Chauth" means the day of the fourth day. Some scholars believe that this fast was linked to the tradition of military families—when husbands went to war, wives observed this fast for their safe return. Other beliefs say that it was a means of increasing social unity among women. This means that the core of this festival was not only related to the husband's longevity, but also to the social contribution of women.

In modern society, Karva Chauth has many interpretations. On the one hand, it is a celebration of love, while on the other, it is also a societal pressure on women to be the "ideal wife." This contradiction forces us to ponder—is every

love measured by sacrifice? Is true loyalty proven only through fasting? And has this tradition become a celebration of the equal relationship between husband and wife, or is it still a symbol of "husband dominance"?

Still, it's true that its form has changed over time. In many places, husbands also observe the fast, and many couples celebrate it as a "relationship ritual." This shift indicates that society is gradually moving toward equality. The meaning of the festival remains the same, but the perspective has changed. The same is true of Karva Chauth—where it once symbolized a woman's duty, it is now embodying a shared relationship.

Today, we need to strike a balance between tradition and modernity. Karva Chauth should neither be seen as merely a ritual nor a festival of mere show. Embrace its true love, emotion, and dedication—without any societal pressure. Every woman should have the right to choose whether to fast or not; because love is defined not by fasting, but by mutual understanding and respect.

If through this fast, husband and wife can get an opportunity to understand each other, appreciate each other's sacrifices and bring newness in their relationship – then this festival will be successful in its true sense.

Because after all, Karva Chauth is not just a festival of "long life of husband", but it symbolizes the stability and sensitivity of the relationship that connects two souls.

Author is a research scholar. She can be mailed at saurabh-pari333@gmail.com

IDEAS, OPINIONS AND VIEWS EXPRESSED IN ARTICLES PUBLISHED ARE WRITERS' OWN AND MAY NOT BE FOUND IN ACCORD WITH THOSE OF GOOD MORNING KASHMIR

Sanskrit: Language That Holds The Key To Tomorrow



DR. SATYAWAN SAURABH

Sanskrit language is the name of that wonderful heritage of human civilization, which has played the role of a pioneer in the field of knowledge, science, literature and culture for thousands of years. It is one of the most ancient, well-organized and scientific languages not only of India but of the entire humanity. Today, when the world has entered the era of the fourth industrial revolution and artificial intelligence, the importance of Sanskrit is being discussed afresh. This language not only preserves the experiences and traditions of the past, but also has the ability to establish harmony at a deep level with future technologies. This is the reason why Sanskrit is being seen as a bridge between ancient knowledge and future technology in today's time.

The biggest feature of Sanskrit is its grammatical structure. Panini's Ashtadhyayi is considered to be the most accurate and logical composition in the world from the grammatical point of view. Its systematic structure and regularity is so amazing that it can be considered ideal even in the creation of modern computer languages. While many types of inconsistencies are seen in the use of words and sentences in English or other languages, there is a kind of complete clarity and logic in Sanskrit. This is the reason that when the era of Artificial Intelligence and Machine Learning started in the world, many researchers found that Sanskrit language can be very useful for understanding and developing these technologies.

Today we see that universities of many countries of the world including Germany, America and Britain are studying Sanskrit in depth. Sanskrit course is being run in at least fourteen universities of Germany. In these countries, Sanskrit is not only taught from a religious or philosophical point of view, but it is also given



importance from the point of view of modern science and technology. This makes it clear that the global world has understood that the role of Sanskrit can be decisive in future scientific progress.

In India too, now the voice has started rising that Sanskrit should not be limited to just considering it as the language of the past. It should be presented in a new form in the modern education and technical world. If Sanskrit is connected with digital technologies, then this language can open the door to new possibilities in areas like artificial intelligence, computer programming, robotics and data science. The reason for this is that the word structure and grammatical rules of Sanskrit are very suitable for computers. Computers can easily understand any language when there is no ambiguity in it. The specialty of Sanskrit is that every word and sentence in it has a definite and clear meaning.

In today's time, the importance of Sanskrit is being recognized in a new form in the field of education. Earlier it was considered limited only to

scriptures, Vedas and religious texts, but now this belief is changing rapidly. The study of Sanskrit will not only provide opportunities for students in the field of teaching and research, but will also open new career paths related to modern technologies. For example, if algorithms of artificial intelligence are prepared on the basis of Sanskrit, then they can be much more effective and clear. This is the reason why many research institutes are calling Sanskrit the technical language of the future.

This question is natural that if Sanskrit is so useful then why was it not widely adopted in India. The answer to this is hidden in the mentality and education system of our society. After independence, India adopted the path of western countries more in the race of development. English language was considered synonymous with progress and modernity. As a result, Sanskrit slowly started disappearing from education and behavior. Whereas the truth is that if India had connected its own ancient language with science and technology, then perhaps today India would have been

showing the direction of technology to the world.

The importance of Sanskrit is not limited to technology or science. This language is also the basis of our society's cultural identity and philosophical traditions. It contains answers to life's most profound questions. Works like Vedas, Upanishads and Gita are in Sanskrit only. These works have shown humanity the art of living and the path to inner peace. Today, when humans are entangled in excessive materialism and stress, the teachings of Sanskrit literature can provide balance and peace to life.

In this context it can be said that Sanskrit is not only the pride of the past but also the need of the future. If we really want to make India a global power of knowledge and technology, then Sanskrit has to be revived. It should not be limited to rituals and temples but should be linked to modern experiments. Combined courses of Sanskrit and technology should be started in universities and research institutes. Children should be introduced to the modern and practical form of Sanskrit from the school

level itself.

Today's young generation is living in the internet and digital world. If Sanskrit is adapted to this digital age, it can become easy and attractive for them. Mobile apps, artificial intelligence based tools, and robotics programs can be developed through Sanskrit. On one hand, this will keep our tradition alive, while on the other hand, we will also be able to face the challenges of the modern age.

Ultimately, we must understand that languages are not just a medium of communication, they are carriers of thought and culture. Sanskrit not only contains the soul of ancient India but also holds the key to the bright future of modern India. The time has come to restore this language to its original form. Sanskrit is the link between the past and the future that can take us to the heights of technology while connecting us to our roots. This is why it is being called the 'language of the future' today.

Author is a TV panelist. He can be mailed at laloo.barwa@yahoo.in

Death Of Wisdom In The Age Of Information



ABID HUSSAIN RATHER

There was a time when knowledge was a source of light, wisdom and inner peace. It elevated human beings, sharpened their judgment and opened doors to reflection and understanding. But in the present digital age, knowledge has taken on a very different character. Nowadays, it has become a source of burden and pressure. Every time we get a notification, a news alert, a video suggestion or a forwarded message; we find ourselves suffocating in a flood of information. What was once a lamp in the darkness has now become a weight on the mind. This is the modern condition experts call as 'information overload' which is a new challenge for the human brain. Information overload means that a person receives so much information at once that the brain can't process it all. A person afflicted with this state not only becomes confused but loses the ability to distinguish truth from falsehood, separate necessary from unnecessary. In the present digital times, we have all now become victims of this 'information overload' which is quietly reshaping the way we think, feel and live.

The problem begins the moment we open our eyes early in the morning. Before we even rise from bed, many of us reach for our smart phones, only to be assaulted by a cascade of news stories, WhatsApp forwards, social media updates, emails and promotional messages. What should be a calm entry into the day becomes an instant plunge into chaos. The brain which is still half asleep, is forced to process a

dozen competing signals at once. By the time the day has properly begun, our mental energy is already depleted and cognitive power exhausted.

Psychologists describe information overload as the state in which the brain receives more information than it can process. The result is not more awareness but less clarity and more confusion. Instead of sharpening our focus, excessive information blurs our vision. Instead of helping us distinguish between truth and falsehood, it often buries both beneath a mountain of noise. Decision making ability slows down. Confusion increases and anxiety rises. And slowly, the very tool we created to expand our knowledge, the digital world, becomes the reason we feel mentally paralyzed.

The scale of this overload is staggering. According to researchers at the University of California, the average human brain today consumes about 34 gigabytes of information daily. That is equivalent to reading 150,000 books every single day. Imagine the absurdity of such a task. Obviously, no human brain is designed to cope with this cataclysmic deluge. Neuroscientists are of the opinion that our cognitive capacity, including our memory, attention, and focus, is finite. Once it reaches saturation or optimal level, new information is either discarded or it causes mental stress. In other words, our brains are now being fed forcibly beyond their natural limits.

The greatest casualty of this information flooding is peace of mind. The endless cycle of scrolling, watching and refreshing keeps us in a constant state of tension. Experts call this condition decision fatigue. The more choices we are forced to make, whether it is which news report to believe, which article to read or which video to watch, the less capable we become of making sound decisions. Even the smallest matters, such as deciding what to eat or when to sleep, become sources of hesitation and frustration. In offices, employees complain of reduced productivity because they are perpetually distracted by emails



and updates. At home, family members find themselves unable to enjoy meals together because everyone's attention is chained to screen.

The problem is particularly severe in our valley where the speed and repetition of news is relentless. A single event is broadcast, shared and repeatedly updated dozens of times with a label of 'breaking news' or 'must watch'. Different channels often present contradictory accounts of the same incident, leaving viewers more confused than informed. On social media, the situation is even more chaotic. A single event generates hundreds of opinions and thousands of 'hot takes'. Each person presents his version as the ultimate truth and the ordinary users are left bewildered. They are unable to decide whom should they believe and whom should they dismiss.

The younger generation is perhaps the most affected. For them, being 'updated' is not just a choice but a compulsion. A student sitting down to prepare for exams opens YouTube and finds an endless stream of lectures, tutorials and 'tips for success'. Each video promises to be better than the last and each teacher claims to have the unique and ultimate method. Instead of clarity of concepts, the learner feels confused. Instead of focusing on one strategy, they waste hours hopping from one video to another in search of the easiest and the best. In the end, time is lost, concentration is broken and anx-

ity is multiplied. Many young people are sacrificing real life opportunities in their desperate attempt to remain constantly connected to the digital flow.

The social consequences are no less alarming. Families, once bound by conversations and shared experiences, now live like islands under one roof. Parents are busy scrolling news feeds, while children are immersed in video games or social media chats. Even in the rare moments when families sit together for meals, the glow of mobile screens dominates the atmosphere. What should be a time of connection becomes yet another exercise in disconnection. Relationships are weakening because real human interaction is increasingly being replaced by shallow digital exchanges. A forwarded joke or meme can never replace a heartfelt conversation, yet this is exactly what many of us are settling for.

So, what can be done to rescue ourselves from drowning in this sea of information? The solution is not to reject technology altogether but to learn how to use it wisely. The first step is self examination. We must analyze our digital habits. How much time do we spend scrolling aimlessly? How many unnecessary groups or pages are we following? How often do we consume information that has no bearing on our personal or professional lives?

Practical steps can make a big difference. Setting specific times for checking news items and using vari-

ous social media platforms prevents constant interruptions. Muting or leaving irrelevant and unnecessary groups frees up mental space. Practicing digital mindfulness—consciously choosing what to read, watch or listen to—helps us filter noise from value. Parents also have a special role. They must guide children in developing healthy digital habits by teaching them how to separate important knowledge from useless distractions. And of course, media organizations, influencers and social media journalists also bear responsibility. Not every piece of information deserves to be labelled as 'breaking news' or 'must watch'. Journalists must return to the principle of quality over quantity. They must deliver information that is authentic, relevant, and meaningful.

Ultimately, the lesson is simple but profound: more information does not equal more knowledge. In fact, beyond a certain point, more information becomes an obstacle to wisdom. True knowledge is not about how many facts we collect but about how deeply we understand and apply them. The famous poet and essayist T.S. Eliot has rightly said, "Where is the wisdom we have lost in knowledge? Where is the knowledge we have lost in information?" His words, spoken decades ago, ring truer today than ever before.

If we fail to control the flow of information, we risk losing not only our mental peace but also our ability to think clearly, to make decisions judiciously and to nurture relationships beautifully. The very basic things that make us human beings viz. reflection, wisdom and connection are at stake. The time has come to remind ourselves that information is a tool not a master. It should serve us, not enslave us. And for that, we must learn to filter, prioritize and above all disconnect when necessary. Only then can knowledge return to being what it was always meant to be: a source of light, not a burden of noise.

The author can be reached at rather1294@gmail.com

....India Mobile Congress 2025

Satish Sharma unveils vision for connected, Cyber-Secure J&K

GMK NEWS NETWORK

NEW DELHI: Minister for Food, Civil Supplies & Consumer Affairs, Information Technology, Transport, Youth Services and Sports, Satish Sharma Wednesday said that Jammu & Kashmir is witnessing a “new digital dawn” where technology is empowering every citizen, transforming governance, and securing the digital future.

The Minister was speaking at India Mobile Congress and Round table conference of the State IT Ministers, which was inaugurated by Union Minister for Informa-

tion Technology, Jyotiraditya Scindia

Minister Sharma said that ongoing initiatives are not just about expanding telecom infrastructure but about building an inclusive, connected, and secure Jammu & Kashmir. “Digital connectivity today is not a privilege but a necessity, it carries education to a student in Kupwara, healthcare to a patient in Poonch and opportunities to an artisan in Anantnag,” the minister maintained.

Highlighting the digital transformation under the Amended BharatNet Project, the Minister informed that

high-speed Optical Fibre Cable is being laid to connect 4,299 Gram Panchayats and 2,574 villages.

He said BSNL will extend Fiber-to-the-Home (FTTH) connections to 2,234 Government Schools and 1,138 Public Health Centres across rural areas, enabling e-learning and telemedicine facilities.

Satish Sharma said that new mobile towers are also being established in remote and border areas to eliminate digital isolation. The Minister added that preparations for the 5G rollout in key urban centres are underway, which will accelerate entre-

preneurship, innovation, and smart governance.

Reaffirming the Government’s commitment to digital safety, Satish Sharma said, “As we connect every home, we must also secure every byte of data and every citizen’s trust.” He informed that Jammu & Kashmir’s Cyber Security Policy 2022, developed in coordination with MeitY and MHA, provides a strong framework for cyber resilience.

Referring to initiatives during 2024, the minister said that the Cyber Police recovered over 4.7 crore for victims of online fraud through the National Cyber

Crime Reporting Port while hundreds of cases were successfully resolved. The induction of Cyber Commandos has further strengthened the response to cyber threats.

“Currently, 183 CISOs and ISOs are overseeing cyber protection across departments, supported by a Cyber Multi-Agency Centre for real-time intelligence sharing. A Security Operations Centre (SOC) is operational, and a Mini SOC at NIC NOC is under process in Jammu and Kashmir,” the Minister maintained. A committee has also been formed for the transition from IPv4 to IPv6,

ensuring network readiness for future technologies, the Minister informed.

Satish Sharma said that the government has issued strict directions mandating the use of official email IDs for all communications and prohibiting non-government email use for official work. Steps have also been taken to disable unauthorized USB devices, promote Government Drive (GOV Drive) for secure storage, and implement web security protocols for virtual meetings.

Minister said that connectivity and Cyber Security together define the

future of Jammu & Kashmir. “Government of Jammu and Kashmir under leadership of Chief Minister Omar Abdullah is determined to make every connection meaningful, every transaction trustworthy, and every citizen empowered. Jammu & Kashmir is not just going digital, it is becoming digitally secure and globally competitive,” he said.

Satish Sharma also extended gratitude to MeitY, MHA, BSNL, JAKEGA, and NIC for their continued partnership in realizing the dream of a digitally empowered Jammu & Kashmir.

FROM THE FRONT PAGE

Colleges Reopen In Leh

He said the reopening of educational institutions and markets is a positive indication of the public’s trust in the administration’s measures aimed at restoring normal life.

In view of the encouraging public response and overall improvement of the situation, Gupta directed the concerned authorities to gradually lift the remaining restrictions and ensure that all normal activities are resumed at the earliest.

He emphasised that the relaxation process should be carried out in a phased and coordinated manner to safeguard public safety while facilitating smooth movement and economic activity.

The LG appealed to people, especially the youth, to continue exercising restraint and not to be swayed by any attempts to disrupt peace or communal harmony.

“The progress of Ladakh depends on peace and stability. Every citizen has a role in upholding the values of unity and mutual respect,” he said.

Reiterating the administration’s firm commitment to the welfare of people, Gupta assured that all necessary steps are being taken to address public grievances, strengthen local governance and accelerate ongoing development projects.

He said the administration remains dedicated to making Ladakh a model of peace, sustainability and inclusive growth.(PTI)

Earlier, Chief of Defence Staff General Anil Chauhan, Air Force Chief Air Chief Marshal AP Singh, Army chief General Upendra Dwivedi and Navy Chief Admiral Dinesh K Tripathi paid tribute to the soldiers at the National War Memorial on the occasion of 93rd Air Force Day.

CDS, along with the chiefs of the Indian Air Force, Army and Navy, laid wreaths at the National War Memorial.

This year’s parade was held at Hindon Air Base, one of India’s largest and most strategic airbases. The Air Force Day parades were previously held in Chennai in 2024 and Prayagraj in 2023.

The Indian Air Force (IAF) highlighted the achievements of Operation Sindoor during the Air Force Day celebrations. It demonstrated the force’s operational strength, growing technological capabilities, and humanitarian role that it has played over the years.

This year, the static display line-up also included platforms that played a part in forcing Islamabad to retreat and seek a ceasefire after its Director General of Military Operations (DGMO) dialed his Indian counterpart.

The display featured fighter jets such as the Rafale, Sukhoi Su-30MKI, and MiG-29, along with India’s indigenous Netra AEW&C, the C-17 Globemaster III, the indigenous Akash Surface-to-Air Missile System, the C-130J Hercules, Apache attack helicopters fitted with Longbow radar, and the Advanced Light Helicopter. An S-band Rohini radar will also be part of the display.

The recently retired MiG-21 Bison was also a part of the display as a tribute to its over six decades of service to the IAF.

President Droupadi Murmu extended greetings to Air Force personnel, veterans, and their families on the occasion of the 93rd Air Force Day. In a post on X, Droupadi Murmu said, “Warm greetings to all air warriors, veterans and their families on Air Force Day! The Indian Air Force has always demonstrated courage, commitment, and excellence. Our Air warriors protect our skies and serve the nation with tireless dedication during disasters and humanitarian missions.”

Prime Minister Narendra Modi also greeted Air Force personnel on Air Force Day and said they have played a vital role in safeguarding Indian skies during the most challenging situations. Modi said, “Greetings to all the courageous Air Warriors and their families on Air Force Day. The Indian Air Force epitomises bravery, discipline and precision. They have played a vital role in safeguarding our skies, including during the most challenging situations.”—(KNO)

killed in a gunfight in the same forests. In another encounter last year, two soldiers and a civilian were also killed—(KNO)

SIA Raids Multiple

efforts of the State Investigating Agency to ensure that the whole of the module is dismantled & with aim to strike at roots of the terror ecosystem," it reads.

CS Reviews Progress

districts to ensure completion of this process within two months, so that the subsequent course of action for remaining villages can be determined thereafter.

The Chief Secretary also reviewed the progress under key components of the land records modernization programme, including digitization of Jamabandis (Record of Rights), geo-referencing of cadastral maps, sub-parcelization of survey numbers, end-to-end digitization of registrations, modernization of record rooms, computerization of revenue courts, implementation of NAKSHA in Urban Local Bodies, and the SVAMITVA scheme in rural areas for property card distribution.

Presenting an overview of the achievements, the Secretary, Revenue informed that data entry of Jamabandis is being carried out in 4519 villages out of 6857, with around 600 villages already completed. He added that a backlog mutation module has been developed to update the Records of Rights (RoR) and Jamabandis to the year 2025, and a proof of concept (PoC) of the same has been successfully completed in five villages.

It was further informed that parcel attribute update under the PM Gati Shakti initiative is progressing satisfactorily and is expected to be completed within a month. Out of 6217 geo-referenced maps received by BISAG-N, 4240 have been returned and ground-truthed, while parcel attribution has been completed for 3489 villages using QGIS/ ARC GIS tools.

Regarding computerization of the registration process, the meeting was informed that the system is expected to become fully paperless within the next two weeks, with legacy data dating back to 1990 also being digitized in collaboration with the judicial courts.

Under the SVAMITVA Scheme, it was given out that 52,265 property cards have already been distributed across 1,200 villages, while drone surveys stand almost complete, with work on Map 1.0 and Map 2.0 currently underway.

It was also informed that the NAKSHA scheme is being implemented on a pilot basis in four Urban Local Bodies of Bishnah, Katra, Pattan, and Avantipora out of which Bishnah is nearing completion, with drone surveys pending in the remaining three municipalities.

Reiterating the government’s commitment to bring about a paradigm shift in land governance, the Chief Secretary directed the Revenue Department to maintain momentum and ensure seamless integration of all modules under the Digital Land Records Modernization Programme (DLRMP) for enhanced public service delivery and reduction in land disputes.

ties.” [KNT]

Omar Harmed Innocent

statement, Sharma said it is not in his nature to push others aside to advance his career.

“I come from a poor family-a very poor family. I began my political career as a booth-level worker. I have lost elections and I have won elections. But I have never trampled anyone in my life to advance my career. I have been entrusted with this responsibility because of my commitment. I have never shoved anyone aside, nor am I in a race to compete with others,” he said.

He accused Omar Abdullah’s family of having a tradition of sidelining others for personal advancement.

“You were born into Farooq Abdullah’s family and went to Mumbai to study at the Chief Minister’s residence there. You returned and shoved aside a long list of leaders who had dedicated their lives to the National Conference. They were pushed aside, and you were crowned. This is how you trample others to build your career. You didn’t work hard, nor did you struggle. The only criterion was that you were the prince of the Abdullah family and the son of Farooq Abdullah,” Sharma said.

He questioned whether Omar Abdullah’s demand for statehood was intended to harm innocent Kashmiri civilians.

He accused Abdullah of harming civilians during his tenure as Chief Minister.

“I want to remind Kashmiris that if we turn back the pages of history, we will find many fabricated stories told in the name of terrorism. Many people would narrate how they were innocent and killed during Omar Abdullah’s tenure under the guise of counter-terrorism. Do you want statehood to kill innocent Kashmiris? You didn’t eliminate terrorists-you targeted civilians, enforced shutdowns, and closed schools,” Sharma said.

He said that Omar Abdullah harmed civilians and failed to protect people during his rule as Chief Minister of the erstwhile state of Jammu and Kashmir.

“Wasn’t statehood with National Conference governments between 2008 to 2014 and 1996 to 2008? Wasn’t it with your governments that were in power till 1989 and 1982?” Sharma asked.

He further said that Kashmiris do not want a statehood where political rivals of the National Conference are booked under the Public Safety Act (PSA), and parents live in fear for the safety of their school-going children.

Coming down heavily on the National Conference, Sharma accused the party of introducing the PSA and pellet guns.

“You were the ones who introduced pellet guns; you were the ones who imposed the PSA. If we compare the figures, the highest number of innocent civilians were killed during your tenure,” he said.

Sharma praised the Government of India for eliminating terrorism from Jammu and Kashmir without harming civilians.

“Nobody can raise a finger at the Ministry of Home Affairs for harming civilians. The biggest achievement of the MHA is that not a single local youth joined terrorism. It shows that the youth of Kashmir have accepted the policies of the Government of India and want to voice their concerns within a democratic setup,” he said.

He accused Omar Abdullah of misleading and hoodwinking the public in the name of statehood to cover up governance failures.

“If you listen to Omar Abdullah’s speeches-whether on August 15, at public functions, or in institutions-he consistently tries to hoodwink the people of Jammu and Kashmir by claiming they lack power,” Sharma added.

Countering Omar Abdullah’s claims, Sharma said the Lieutenant Governor had approved 97 decisions of the Council of Ministers over the past year.

“Tell me, which file has not been approved by the LG? Which pro-people decisions have been held back? Is it about 200 units of free electricity, 12 LPG cylinders, 10 kilograms of ration, or one lakh jobs?” he asked.

Sharma further accused Abdullah of misleading the public regarding the appointment of the Advocate General and the Transaction of Business Rules (ToBR).

“I have come to know that the file is pending with the CM’s office,” he said, adding that the Chief Minister is sitting on files related to the appointment of the Chairman of the Jammu and Kashmir Board of School Education and the promotion of engineers—(KNO)

Amit Shah To Chair

of September, Lieutenant Governor Manoj Sinha chaired the Unified Headquarters (UHQ) meeting in Srinagar and discussed the situation across J&K with the security top brass.

“Threadbare discussions were held on counter infiltration and counter terrorism operations during the meeting.”

"War against terrorism is not over yet. Kinetic and non-kinetic operations must continue. We must maintain the momentum and take stringent action against terrorism and its entire ecosystem," LG Sinha had told the officers, during the meeting—(KNO)

‘Op Sindoor’ Exhibited

in May 2025 following the April 22 Pahal-gam terror attack, targeted nine terrorist camps deep inside Pakistan and Pakistan-occupied Kashmir (PoK), the skirmishes that followed led to Pakistan vital military installations and air bases suffering massive damages.

Singh said the mission was a result of “meticulous planning, disciplined training and determined execution,” adding that the operation reaffirmed the offensive role of air power in national security.

He said the use of indigenously developed platforms and weapons played a key role in the operation. “The outstanding performance of the indigenously developed and integrated weapons which delivered precise and devastating blows deep inside enemy territory vindicates our faith in home-grown capabilities,” he said.

According to him, India’s long-range missile systems and integrated air defence architecture also restricted enemy movement during the operation. “Our robust air defence architecture and offensive employment of long-range surface to air missile systems limited the adversary’s ability to operate and ensured safety of our vital assets,” he said.

Singh said there is a growing culture of accountability and readiness across the force. “I can see that there is an increased culture of accountability, safety and security among air warriors. This is directly reflected in our reduced incidents and accidents.”

He noted that leadership within the force is driving this momentum. “At all levels, leaders are leading from the front, demonstrating vision and empathy. They are ensuring that every individual is empowered with the necessary training and is motivated.”

Meanwhile, Hindon air base at Ghaziabad hosted IAF’s 93rd Foundation Day showcasing India’s aerial strength and operational readiness with display of fighter jets such as the Rafale, Sukhoi Su-30MKI, and MiG-29. The IAF parade also highlighted the achievements of Operation Sindoor.

Indian Air Force Chief Air Chief Marshal AP Singh inspected the parade and took the salute at the parade held at Hindon Air Base as part of the Air Force Day celebrations.

J&K BOSE Notifies

BOSE has urged students to prepare seriously for the examinations while reiterating its commitment to conduct the exams in observance of high standards of transparency and fairness.

The BOSE has exhorted invigilatory staff to be completely professional while discharging their duties in order to safeguard the purity and integrity of exams and requested district administration, police and SED to extend cordial support in smooth, fair and orderly conduct of the examinations.

All students, parents and stakeholders are advised to check the date sheets of both the classes on JKBOSE website www.jkbose.nic.in to avoid being misled by fake and faulty interpretation of the concession criterion.

2 Soldiers Go Missing

drone has been pressed into service to trace the missing soldiers,” they said.

Meanwhile, the Army said that two soldiers have gone missing after a severe snowstorm in the Gadole forest area of Kokernag in Anantnag.

In a post on X, the Army’s Chinara Corps wrote, “On the intervening night of 6/7 Oct, an operational team on the Kishtwar range confronted a severe snowstorm and whiteout conditions in the mountains of South Kashmir. Since then, two soldiers have gone out of communication. Intense search and rescue operations have been launched but are being hampered due to prevailing adverse weather conditions.”

The Ahlan Gadole area has witnessed major encounters in the past. In September 2023, Army Colonel Manpreet Singh, Major Aashish Donchak, and Deputy Superintendent of Police (DSP) Humayun Muzamil were

